Note: This resource directory was created by FSN/Hope staff to help you identify resources in your county that can assist you with your child’s needs. Family Support Network/HOPE does not make referrals and we do not endorse these agencies. Any contact you make with these agencies is at your own discretion. This directory may not have all the resources in your county however we try our best and will update this continuously. If you have any additions, questions, or concerns, please contact us at (828) 256-5202 or at vickiedieter@fsnhope.org. Thank you.

https://www.fsnhope.org/

Resource Directory for Alexander, Burke, Caldwell, Catawba, McDowell and Lincoln Counties
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Assurance Wireless is a federal Lifeline Assistance program by Virgin Mobile. Lifeline is a government benefit program supported by the federal Universal Service fund. Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria such as Medicaid, Supplement Nutrition Assistance Program (SNAP) or based on household income. The Lifeline Assistance program is available for only one wireless or wireline account per household. Separate households that live at the same address are eligible, including residents of homeless shelters and nursing homes.

American Heart Association
Phone: (800) 242-8721
Website: https://www.heart.org/

The American Heart Association is a non-profit organization in the United States that funds cardiovascular medical research, educates consumers on healthy living and fosters appropriate cardiac care in an effort to reduce disability and deaths caused by cardiovascular disease and stroke.

American Lung Association
Phone: (800) 586-4872
Website: https://www.lung.org/

The American Lung Association is a voluntary health organization whose mission is to save lives by improving lung health and preventing lung disease through education, advocacy and research.
**Autism Society of America**
Phone: (800) 328-8476  
Website: [www.autism-society.org/](http://www.autism-society.org/)

Founded in 1965, the Autism Society is the leading source of trusted and reliable information about autism. Through its national network, the Autism Society has spearheaded numerous pieces of federal, state and local legislation, including the 2006 Combating Autism Act, the first federal autism-specific law. The Autism Society’s website is one of the most visited websites on autism in the world. The Autism Society provides advocacy, education, information and referral, support, and community at national, state and local levels through nationwide network of Affiliates.

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**Center for Parent Information & Resources**

c/o Statewide Parent Advocacy Network (SPAN)  
Phone: (973) 642-8100  
Website: [https://www.parentcenterhub.org/](https://www.parentcenterhub.org/)

The Center for Parent Information and Resources is a non-profit organization employed by professionals and individuals who are part of the disability community as a parent, spouse, sibling, etc. The parent center hub is a source for information and resources to support families of children who have disabilities.

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**Center on Technology and Disability**

Website: [https://www.ctdinstute.org/](https://www.ctdinstute.org/)

The Center on Technology and Disability (CTD) is funded by the U.S. Department of Education’s Office of Special Education Programs (OSEP). The Center is designed to increase the capacity of families and providers to advocate for, acquire, and implement effective assistive and instructional technology (AT/IT) practices, devices, and services. Research-based technologies, used appropriately, have great potential to help infants, toddlers, children, and youth with disabilities participate fully in daily routines; have increased access to the general educational curriculum; improve their functional outcomes and educational results; and meet college- and career-ready standards.
The Council of Parent Attorneys and Advocates, Inc. (COPAA) is an independent, nonprofit, §501(c)(3) tax-exempt organization of attorneys, advocates, parents and related professionals. There are 6.4 million children with disabilities in America. COPAA members work to protect the legal and civil rights of and secure excellence in education on behalf of tens of thousands of students with disabilities and their families each year at the national, state and local levels.

EyeCare America
Phone: (877) 887-6327
Website: https://www.aaos.org/eyecare-america

EyeCare America is one of the country’s leading public service programs to provide eye care through a pool of more than 5,000 volunteer ophthalmologists. Since 1985, EyeCare America has helped nearly 2 million people. 90% of the care provided is at no cost to the patient. They offer 2 programs, The Seniors Program and The Glaucoma Program. The Seniors Program connects eligible seniors 65 and older with local volunteer ophthalmologists who provide a medical eye exam at no out-of-pocket cost, and up to one year of follow-up care for any condition diagnosed during the initial exam for physician services. The Glaucoma Program provides a glaucoma eye exam at no cost to those who are eligible and uninsured. Those who are eligible and insured are billed normal office procedure.

Eyes of Hope
Phone: (877) 887-6327
Website: https://vspglobal.com/cms/vspglobal-outreach/home.html

Eyes of Hope supports local communities around the globe through initiatives that provide access to eye care, eyewear, and disaster relief to places where they’re needed most. Together with VSP network doctors, VSP Global has provided access to no-cost eye care and eyewear to more than 2 million people in need. Services offered through this program is Eyewear Donation, Mobile Clinics, and Gift Certificates. Eye Make a Difference is an eyewear donation program to help the 2 billion people globally who don’t have access to needed eyewear due to income, distance, or disaster. Eyes of Hope features Mobile Eye Care Clinics that connect people in need with a local VSP network doctor in their community. Each clinic is outfitted with an eye exam room and portable exam equipment to provide comprehensive eye exams, an
eyewear dispensary stocked with popular frame brands, and an optical finishing lab. Eyes of Hope gift certificate programs ensure that adults and children in need, including those affected by disaster, have no-cost access to quality eye care and new glasses through a local VSP network doctor.

Friend for Life
Phone: (866) 374-3634
Website: https://www.friend4life.org/

Established in 1988, Friend for Life is a 501©(3) non-profit organization, cancer support network. Friend for Life is a network of cancer survivors and co-survivors (caregivers) who serve as trained volunteers, providing one-on-one emotional and psychosocial support to persons recently diagnoses with cancer for the first time, for those with recurrence and metastasis. Friend for Life knows that cancer affects more than the person with the diagnosis, and also provides support for loved ones.

Humanitarian Foundation – Grottoes of North America
Phone: (614) 933-071
Website: http://www.hfgrotto.org/

The Grottoes of North America Humanitarian Foundation is a 501©(3) non-profit organization that brings special smiles to children with special needs by providing them much-needed dental care. The program helps cover the costs of dental treatment, excluding hospital and hospital anesthesia costs, for children with cerebral palsy, muscular dystrophy and related neuromuscular disorders, those with intellectual disabilities, including Downs Syndrome and dental treatment for organ transplant recipients.

IDEAS That Work
Website: https://ccrs.osepideasthatwork.org/

Prepares children and youth with disabilities for success.
InfantSEE, a public health program, managed by Optometry Cares – the AOA Foundation, is designed to ensure that eye and vision care becomes an essential part of infant wellness care to improve a child’s quality of life. Under this program, participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service.

National Alliance on Mental Illness

Phone: (703) 524-7600
Help Line: (800) 950-6264
Website: https://www.nami.org/

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.
NAMI is an associated with hundreds of local affiliates, state organizations and volunteers who work in the community to raise awareness and provide support and education that was not previously available to those in need.

National Collaborative on Workforce and Disability for Youth

Phone: (877) 871-0744
Website: http://www.ncwd-youth.info/

The National Collaborative on Workforce and Disability for Youth (NCWD/Youth) assists state and local workforce development systems to better serve all youth, including youth with disabilities and other disconnected youth. The NCWD/Youth, created in 2001, is composed of partners with expertise in education, youth development, disability, employment, workforce development and family issues. Funded by a grant from the U.S. Department of Labor’s Office of Disability Employment Policy (ODEP), NCWD/Youth is managed by the Institute for Educational Leadership in Washington, D.C. NCWD/Youth offers a range of technical assistance services to state and local workforce investment boards, youth councils, and other workforce
development system youth programs. NCWD/Youth works to ensure that transition age youth are provided full access to high quality services in integrated settings to gain education, employment and independent living.

National Center for Learning Disabilities
Phone: (919) 807-3988
Website: [https://www.ncld.org](https://www.ncld.org)

The mission of National Center for Learning Disabilities (NCLD) is to improve the lives of the 1 in 5 children and adults nationwide with learning attention issues – by empowering parents and young adults, transforming schools and advocating for equal rights and opportunities. The NCLD is working towards creating a society in which every individual possesses the academic, social and emotional skills needed to succeed in school, at work and in life.

National Center on Accessible Education Materials
Phone: (919) 807-3988
Website: [http://aem.cast.org/](http://aem.cast.org/)

The National Center on AEM provide resources and technical assistance for educators, parents, students, publishers, conversion houses, accessible media producers, and others interested in learning more about AEM and implementing AEM and the National Instructional Materials Accessibility Standard (NIMAS).

National Center on Deaf-Blindness
Phone: (503) 838-8754
Website: [https://nationaldb.org/](https://nationaldb.org/)

The National Center on Deaf-Blindness is a national technical assistance center funded by the federal Department of Education, NCDB works to improve the quality of life for children who are deaf-blind and their families.
National Center on Intensive Intervention  
Website: [https://intensiveintervention.org/](https://intensiveintervention.org/)

The National Center on Intensive Intervention builds the capacity of state and local education agencies, universities, practitioners, and other stakeholders to support implementation of intensive intervention in literacy, mathematics, and behavior for students with severe and persistent learning and/or behavioral needs.

National Deaf Center  
Phone: (512) 471-8005  
Website: [https://www.nationaldeafcenter.org/](https://www.nationaldeafcenter.org/)

The National Deaf Center on Postsecondary Outcomes (NDC) is a technical assistance and dissemination center funded by the Department of Education’s Office of Special Education Programs (OSEP).  
NDC provides evidence-based strategies to deaf* individuals, family members, and professionals at the local, state, and national levels with the goal of closing education and employment gaps for deaf individuals.

National Family Caregiver Support Program  
Phone: (202) 872-0888  
Website: [https://www.n4a.org/](https://www.n4a.org/)

The National Family Caregiver Support Program (NFCSP) provides grants to states and territories to fund various supports that help family and informal caregivers care for older adults in their homes as long as possible. NFCSP grantees provide 5 types of services: information to caregivers about available services, assistance to caregivers in gaining access to the services, individual counseling, organization of support groups and caregiver training, respite care, and supplemental services on a limited basis. These specific populations of caregivers are eligible to receive services: Adult family members or other informal caregivers age 18 and older providing care to individuals 60 years of age and older. Adult family members or other informal caregivers age 18 and older providing care to individuals of any age with Alzheimer’s disease and related disorders. Older relatives (not parents) age 55 or older
providing care to children under the age of 18. Older relatives (including parents), age 55 and older providing care to adults age 18-59 with disabilities.

________________________________________________________________________

National Down Syndrome Society (NDSS)
Phone: (800) 221-4602
Website: https://www.ndss.org/

The National Down Syndrome Society is the leading human rights organization for all individuals with Down syndrome. The National Down Syndrome Society envisions a world in which all people with Down syndrome have the opportunity to enhance their quality of life, realize their life aspirations and become valued members of welcoming communities.

________________________________________________________________________

National Technical Assistance Center on Transition
Phone: (704) 687-8606
Website: https://www.transitionta.org/

NTACT is a Technical Assistance and Dissemination project, funded by the U.S. Department of Education’s Office of Special Education Programs (OSEP) and the Rehabilitation Services Administration (RSA), Cooperative Agreement Number H326E140004. NTACT is funded from January 1, 2015 until December 31, 2019.

NTACT’s purpose is to assist State Education Agencies, Local Education Agencies, State VR agencies, and VR service providers in implementing evidence-based and promising practices ensuring students with disabilities, including those with significant disabilities, graduate prepared for success in postsecondary education and employment.

________________________________________________________________________

Native American Parent Technical Assistance Center (NAPTAC)
Website: http://www.naptac.org/

The NAPTAC is funded to build the capacity of Parent Centers to provide effective and culturally appropriate services to Native American parents of children with disabilities and Native American youth with disabilities.
New Eyes For The Needy
Phone: (973) 376-4903
Website: https://new-eyes.org/

New Eyes For The Needy is a 501©(3) not-for-profit organization founded in 1932 to improve the vision of the poor. New Eyes purchases new prescription eyeglasses through a voucher program for children and adults in the United States who cannot afford glasses on their own. New Eyes operate primarily through volunteer efforts.

Military Parent Technical Assistance Center
Website: https://www.branchta.org/

The Military Parent Technical Assistance Center Support Parent Centers who serve military families of children and youth with disabilities.

Muscular Dystrophy Association
Phone: (800) 572-1717
Website: https://www.mda.org/

MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away physical strength, independence and life. They use their collective strength to help kids and adults live longer and grow stronger by finding research breakthroughs across diseases; caring for individuals from day one; and empowering families with services and support in hometowns across America.
The mission of the Office for Civil Rights is to ensure equal access to education and to promote educational excellence throughout the nation through vigorous enforcement of civil rights.

The Office for Civil Rights enforces several Federal civil rights laws that prohibit discrimination in programs or activities that receive federal financial assistance from the Department of Education.

The Office of Special Education Programs (OSEP) is dedicated to improving results for infants, toddlers, children and youth with disabilities ages birth through 21 by providing leadership and financial support to assist states and local districts.

The Individuals with Disabilities Education Act of 2004 (IDEA) authorizes formula grants to states and discretionary grants to institutions of higher education and other non-profit organizations to support research, demonstrations, technical assistance and dissemination, technology and personnel development and parent-training and information centers.

Operation Sight is a network of volunteer organizations and ASCRS members who provide care to Americans unable to access or afford surgery. Launched in 2014, Operation Sight matches eligible patients with volunteer surgeons, and provides the administrative and financial assistance necessary to simplify the process. Hundreds of procedures are performed each year.
by Operation Sight volunteer staff and surgeons. All surgeries are performed free of charge to the patients.

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**Positive Behavioral Interventions & Support**  
OSEP Technical Assistance Center  
Website: [https://www.pbis.org/](https://www.pbis.org/)

Funded by the U.S. Department of Education’s Office of Special Education Programs (OSEP) and the Office of Elementary and Secondary Education (OESE), the Technical Assistance Center on PBIS supports schools, districts, and states to build systems capacity for implementing a multi-tiered approach to social, emotional and behavior support. The broad purpose of PBIS is to improve the effectiveness, efficiency and equity of schools and other agencies. PBIS improves social, emotional and academic outcomes for all students, including students with disabilities and students from underrepresented groups.

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**Safelink Wireless**  
Phone: 1-800-SafeLink (723-3546)  
Website: [https://www.safelinkwireless.com/](https://www.safelinkwireless.com/)

Safelink Wireless is a program serving eligible households and is provided by TracFone Wireless, Inc. To participate in the Safelink Wireless service, certain eligibility requirements must be met which are set by each state. These requirements are based on a person’s participation in state or federal support programs or by meeting Income Poverty Guidelines as defined by the U.S. Government. Safelink Wireless is limited to one person per household.

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**TASH**  
Phone: (202) 429-2080  
Website: [https://tash.org/](https://tash.org/)

TASH is an international leader in disability advocacy. Founded in 1975, TASH advocates for human rights and inclusion for people with significant disabilities and support needs – those most vulnerable to segregation, abuse, neglect and institutionalization. TASH works to advance inclusive communities through advocacy, research, professional development, policy, and information and resources for parents, families and self-advocates.
The Advocacy Institute
Phone: (540) 364-0051
Website: www.advocacinstitue.org/

The Advocacy Institute is a non-profit, tax-exempt organization dedicated to the development of products, projects and services that work to improve the lives of people with disabilities.

The National Resource on ADHD (CHADD)
Phone: (301) 306-7070
Website: www.chadd.org/

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD), is a national non-profit, tax-exempt [Section 501©(3)] organization providing education, advocacy and support for individuals with ADHD. In addition to our informative website, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with ADHD. These materials include Attention magazine, Attention weekly, a free electronically mailed current events newsletter, as well as other publications of specific interest to educators, professionals and parents.

The US Department of Education
Phone: (800) 872-5327
Website: https://www.ed.gov/

The Department of Education’s mission is to promote student achievement and preparation for global competitiveness by fostering educational excellence and ensuring equal access. It was created in 1980 by combining offices from several federal agencies.
The US Department of Justice
Comment Line: (202) 353-1555
Main Switchboard: (202) 514-2000
Website: https://www.justice.gov/

The Civil Rights Division of the Department of Justice, created in 1957 by the enactment of the Civil Rights Act of 1957, works to uphold the civil and constitutional rights of all Americans, particularly some of the most vulnerable members of our society. The Division enforces federal statutes prohibiting discrimination based on race, color, sex, disability, religion, familial status and national origin.

The Rx Advocates
Phone: (844) 559-8331
Website: http://get.patientassistanceprograms.com/

The Rx Advocates is a nationwide advocacy service that helps individuals to apply for Patient Assistance Programs offered by pharmaceutical companies. These programs are put in place to allow those who qualify to receive brand-name medications at little or no cost.

Wrightslaw
Website: www.wrightslaw.com/

Wrightslaw provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities for parents, educators, advocates, and attorneys.
State Resources

Beginnings for Parents of Children who are Deaf of Hard of Hearing
Phone: (336) 886-4589
Website: https://cacnc.org/?v=7516fd43adaa

Beginnings for Parents of Children who are Deaf of Hard of Hearing is a non-profit organization that helps parents and families understand hearing loss, and the diverse needs of children who are deaf or hard of hearing. Beginnings for Parents of Children who are Deaf or Hard of Hearing’s impartial support helps families make informed decisions and empowers them to advocate for their child’s needs. They support deaf parents who have children who are hearing and collaborate with the professionals who serve all children.

Children’s Advocacy Centers of North Carolina
Phone: (336) 886-4589
Website: https://cacnc.org/?v=7516fd43adaa

Children’s Advocacy Centers of North Carolina is an accredited state chapter of the National Children’s Alliance, the national umbrella organization for children’s advocacy centers dealing with child abuse. Then children’s advocacy movement began in the 1980’s. Each center is an independent agency, providing services for abused children, and relies on their local communities for support. By bringing together collaborative partners, such as local child protective services, law enforcement, prosecutors, medical and mental health providers, CAC’s can make a positive difference in the lives of abused children by bringing professionals to the child instead of asking children and their families to access services through many different portals. CACNC provides technical support, annual training, assistance with local center development and networking and contacts with child abuse professionals across the state and nation.
Disability Rights North Carolina
3724 National Drive, Suite 100
Raleigh, NC 27612
Phone: (919) 856-2195
Website: https://www.disabilityrightsnc.org/

Disability Rights North Carolina advocates for the rights of people with disabilities throughout North Carolina. They handle cases involving discrimination, abuse and rights violation. Attorneys, advocates and other staff provide and support the provision of, free legal advocacy services to North Carolinians with disabilities. DRNC is North Carolina’s federally mandated Protection and Advocacy (P&A) system. DRNC is North Carolina’s federally mandated Protection and Advocacy system. They are a 501©(3) non-profit charitable organization, independent of state government and the disability service system. The federal government mandates that every state have a P&A system. As a P&A, responsibilities include: ensuring that people with disabilities live in safe and human conditions, ensuring that people with disabilities are not unnecessarily institutionalized, enforcing the rights of all North Carolinians with disabilities under federal and state law, and informing individuals about legal rights and how to enforce them.

Division of Child Development and Early Education - NCDHHS
2201 Mail Service Center
Raleigh, NC 27699
Phone: (919) 814-6300
Website: https://ncchildcare.ncdhhs.gov/

The mission of the NC Department of Health and Human Services is in collaboration with partners, to protect the health and safety of all North Carolinians and provide essential human services. The Division of Child Development and Early Education offers many programs and services. North Carolina’s Division of Child Development uses a combination of state and federal funds to provide subsidized child care services to eligible families through a locally administered state-supervised voucher system. The amount the state pays for child care depend on that family’s situational criteria, the family’s income and the cost of the child care provided. The NC Division of Child Development also provides background checks for adoption, child care and foster care. The NC Division of Child Development has a service call the Child Care and Development Fund (CCDF). It is authorized by The Child Care and Development Block
Grant (CCDBG) Act. CCDF is the primary Federal funding source devoted to providing low-income families that are working or participating in education and training with help paying for child care and improving the quality of child care for all children. The CCDF program helps fund child care assistance for over 1.4 million children each month throughout the US. The NC Division of Child Development and Early Childhood provides many other services as well which can be located on their website.

Early Childhood Technical Assistance Center (ECTAC)
ECTA Center
CB 8040
Chapel Hill, NC 27599-8040
Phone: (919) 962-2001
Website: http://www.ectacenter.org/

The ECTA Center supports state Part C and Section 619 programs in developing high-quality early intervention and preschool special education service systems, increasing local implementation of evidence-based practices, and enhancing outcomes for young children with disabilities and their families.

The ECTA is a national technical assistance center focused on building state and local system capacity to improve outcomes for children with disabilities and their families. ECTA Center is funded by a cooperative agreement with the Department of Education’s Office of Special Education Programs (OSEP).

Early Intervention for Children who are Deaf or Hard of Hearing
Phone: (828) 432-5352
Website: https://www.ncdhhs.gov/assistance/hearing-loss/early-intervention-for-deaf-hard-of-hearing

The Early Intervention Program offer services to children (up to age 3) who are deaf, hard of hearing, or deaf/blind. Itinerant professionals provide family-centered intervention services that concentrate on language and communication skill development to establish a smooth transition to the local education agency.

EasterSeals (UCP of NC & VA)
5171 Glenwood Ave Suite 211
Raleigh, NC 27612
Phone: (800) 662-7119
Website: www.easterseals.com/NCVA/
Easterseals UCP is a 501 (c)(3) non-profit organization that serves 22,000 children and adults with disabilities and their families, offering a wide range of services such as helping their clients build the skills and access the resources they need to live, learn, work and play.

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**Exceptional Children – Public Schools of NC**
Website: [https://ec.ncpublicschools.gov/](https://ec.ncpublicschools.gov/)

The mission of the Exceptional Children Division is to ensure that students with disabilities develop intellectually, physically, emotionally, and vocationally through the provision of an appropriate individualized education program in the least restrictive environment.

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**Local Interagency Coordinating Councils (LICC)**
NC ICC Coordinator: Denise Joyner Bennett
Phone: (919) 707-5523
Website: [https://beearly.nc.gov/index.php/icc/licc](https://beearly.nc.gov/index.php/icc/licc)

Local Interagency Coordinating Councils (LICC) are community-based advisory groups. Each county should have a LICC. Local service providers and parents work together to make sure that all families know about early intervention services. The role of the LICCs is to develop and distribute county specific public awareness and child find materials, support interagency partnerships and information sharing; promote parent and family involvement in all community events, and support community efforts that involve children with special needs and their families.

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**Medication Assistance Program**
Phone: (919) 855-4800
Website: [https://www.ncdhhs.gov/assistance/low-income-services/medication-assistance-program](https://www.ncdhhs.gov/assistance/low-income-services/medication-assistance-program)

The Medication Assistance Program (MAP) provides access to free prescription drugs for uninsured, low-income individuals. Prescription drugs are available through participating pharmaceutical manufacturers. A MAP site must be contacted to see if an individual qualifies for medication assistance.
NC Department of Insurance
Phone: (855) 408-1212
Website: http://www.ncdoi.com/consumer/

The NC Department of Insurance answers all questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare Supplement, long-term care, dental, vision, hospital, accident, specified disease and other coverages.

NC Department of Public Instruction
Physical Address: NC Dept of Public Instruction Education Building
301 N. Wilmington Street
Raleigh, NC 27601-2825
Phone: (919) 807-3300
Website: www.dpi.state.nc.us/

The North Carolina Department of Public Instruction (NCDPI) is charged with implementing the state's public-school laws for pre-kindergarten through 12th grade public schools at the direction of the State Board of Education and the Superintendent of Public Instruction.

NC Foundation for Public School Children
700 South Salisbury St.
Raleigh, NC 27601
Phone: (984) 222-3625
Website: https://www.ncfpsc.org/

The NC Foundation for Public School Children’s mission is to provide for needs that directly impact a child's school experience when no other resource is available. The goal is to respond as quickly as possible so the child can be in school and focus on learning. The Foundation’s mission also includes growing future teachers for North Carolina through the Teacher Cadet
Program. Teacher Cadet ensures a future stocked with homegrown teachers who can relate to the students they teach. Teacher Cadet is currently NC’s only instate teacher recruitment program. The Foundation also strengthen children’s educational experience by providing grants to teachers and schools to fund professional development and endeavors that focus on parent engagement, literacy and learning.

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**NC Infant Toddler Program (NC-ITP)**

Physical Address: 5605 Six Forks Rd  
Raleigh, NC 27609

Mailing Address: 1916 Mail Service Center  
Raleigh, NC 27699-1916

Phone: (919) 707-5520

Website: [https://beearly.nc.gov/](https://beearly.nc.gov/)

The North Carolina Early Intervention Branch (NCEI) is a part of the N.C. Division of Public Health. It is the lead agency for the N.C. Infant-Toddler Program (ITP). The Infant-Toddler Program provides supports and services for families and their children, birth to three who have special needs. Research shows that this time period is critical. It offers a window of opportunity to make a positive difference in how a child develops and learns. Sixteen Children's Developmental Services Agencies (CDSAs) across North Carolina work with local service providers to help families help their children succeed.

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**NC MedAssist**

4428 Taggart Creek Road, Suite 101  
Charlotte, NC 28208

Phone: (704) 536-1348

Website: [https://medassist.org/](https://medassist.org/)

NC MedAssist is a non-profit pharmacy program providing access to lifesaving prescription medications, patient support, advocacy and related services to poor, vulnerable, and uninsured North Carolina Residents. NC MedAssist seeks to ensure that no eligible person in NC has to choose between purchasing food or their needed medication, improving the patient’s health and lowering uncompensated health care costs for all stakeholders.
NC 2-1-1
Phone: 2-1-1
Website: https://www.nc211.org/

NC 2-1-1 is an information and referral service provided by United Way of North Carolina. Accessible and easy to remember, families and individuals can call to obtain free and confidential information on health and human services and resources within their community. 2-1-1 is available 24 hours a day, seven days a week, 365 days a year. Dialing 2-1-1 is free, confidential and available in most languages. NC 2-1-1 maintains a robust database with information on thousands of programs and services in NC. When an individual calls NC 2-1-1, a trained call specialist will conduct a search based on his/her geographic location to identify resources based on the caller’s current needs (food, shelter, energy assistance, housing, parenting resources, healthcare, substance abuse, resources for older adults, persons with disabilities, etc).

North Carolina Assistive Technology Program
2801 Mail Service Center
Raleigh, NC 27699
Phone: (919) 855-3500
Website: https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program

The North Carolina Assistive Technology Program (NCATP) is a state and federally funded program that provides assistive technology services statewide to people of all ages and abilities. NCATP leads North Carolina’s efforts to carry out the Federal Assistive Technology Act of 2004 by providing device demonstration, short-term device loans, and reutilization of assistive technology. NCATP promote independence for people with disabilities through access to technology.
**North Carolina Library for the Blind and Physically Handicapped (NCLBPH)**

Website: [https://statelibrary.ncdcr.gov/lbph/](https://statelibrary.ncdcr.gov/lbph/)

The North Carolina Library for the Blind and Physically Handicapped (NCLBPH) is a special public library that circulates books and magazines especially made for persons who cannot use regular printed material because of a visual or physical disability. The library is located in Raleigh, but mails materials throughout the state. The NCLBPH is a state agency operated by the State Library of North Carolina as part of the Department of Natural and Cultural Resources. It is also a part of the network of regional libraries operated by the Library of Congress National Library Service for the Blind and Physically Handicapped (NLS).

**North Carolina Lions**

7062 Camp Dogwood Drive  
Sherrills Ford, NC 28673  
Phone: (828) 478-2135 ext. 223  
Website: [https://nclionsinc.org/](https://nclionsinc.org/)

North Carolina Lions, Incorporated is a 501©(3) non-profit organization established in 1934. As the official charitable organization for the Lions of North Carolina and working closely with community-based NC Lions Clubs, they collectively enrich the lives of those blind and visually impaired, offer needed services for those less fortunate in each community and a hallmark of continuous support of research for health related issues concerning vision and overall wellness of all citizens. The work of NC Lions is focused on three primary areas, services and programs for the blind and visually impaired, services and programs for the prevention of vision loss, and services and programs to provide aid to our North Carolina citizens.

**North Carolina Reach**
NC Reach is a state-funded scholarship offered to qualified applicants for up to 4 years of undergraduate study at NC public universities and community colleges. Available funding is awarded to students, after all other financial aid, public funds and scholarships have been processed and applied to their account. Students attending any of the 74 public community colleges or 16 NC public universities are eligible to apply.

Prevent Blindness North Carolina
Phone: (919) 755-5044
Website: https://nc.preventblindness.org/

Prevent Blindness North Carolina (PBNC), also known as the National Society to Prevent Blindness – North Carolina Affiliate, Inc. was organized in 1967 as a non-profit health agency. An independent affiliate of Prevent Blindness America (established in 1908), PBNC delivers direct service programs designed to preserve sight through screening, publications, safety, education, information and referral through volunteer efforts. PBNC’s mission is to reach people before blindness strikes.

TEACCH Autism Program
100 Renee Lynne Court
Carrboro, NC 27510
Phone: (919) 966-2174
Website: https://teacch.com/

The University of North Carolina TEACCH Autism Program is a university-based system of community regional centers that offers a set of core services along with unique demonstration programs meeting the clinical, training and research needs of individuals with Autism Spectrum Disorder, their families, and professionals across the state of North Carolina. TEACCH Autism Program provides clinical services such as initial referral and consultation, diagnostic evaluations, family consultation sessions and parent support groups, social play and recreation groups, individual counseling for higher-functioning clients, and supported employment. In addition, TEACCH Autism Program conducts training nationally and internationally and provides
consultation for teachers, residential care providers, and other professionals from a variety of disciplines. Research activities include psychological, education, and biomedical studies.

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**The Arc North Carolina**
343 E Six Forks Rd. Suite 320
Raleigh, NC 27609
Phone: (919) 782-4632
Website: [https://www.arcnc.org/](https://www.arcnc.org/)

The Arc believes that all people with intellectual and development disabilities have strengths, abilities and inherent value, are equal before the law, and must be treated with dignity and respect. Since 1953, The Arc have been providing advocacy and support services for individuals and intellectual and developmental disabilities. The Arc was founded by caregivers, guardians, protectors, advocates but most of all loving parents. The Arc strengthens people with disabilities, their parents, family members, and dedicated professionals by connecting them across a national network of community-based chapters. The Arc is the nation’s leading advocate for all people with intellectual and developmental disabilities (I/DD) and their families and the premier provider of the supports and services needed. The Arc’s program and services are Housing (housing options and property management services for those with disabilities), Guardianship (LIFeguardianship, designed to advocate and protect the health and safety of individuals to ensure their civil and human rights are not violated), Community Navigator (resource advocates, provide advocacy, education, assistance and developing plans to help link people to services in the community), Supported Employment, and Choices (a program that allows families and individuals to receive supports and services to better themselves and those with disabilities).
Alexander County

Alexander Central High School – HAVES Program
223 School Drive
Taylorsville, NC 28681
Phone: (828) 632-3403
Website: https://www.alexander.k12.nc.us/Page/4304

The ACHS HAVES Program recognizes that sometimes students have financial needs that their families cannot meet. These families may be affected by single parenthood, low income, disability, unemployment, or crisis situations such as home fires, deaths, or teen pregnancies. Some services offered by the HAVES program is: HAVES Closet- ACHS keeps a closet stocked with clothing, school supplies, and hygiene supplies to help students in need of these items. PROM Closet- ACHS accepts donations of prom dresses, tuxedos, and accessories to stock a closet in order to help all Juniors and Seniors be able to afford and attend Prom. ACHS Food Pantry – The school maintains a full-time food pantry for ACHS students and their families. Students and parents may receive food by appointment Monday through Friday from 7:30 AM until 4:00 PM. It is also available for students and their families during the summer. ACHS In-home Crisis Intervention- The school maintains a fund to help students whose families are facing crisis such as eviction, loss of electricity, loss of heating, loss of water. The program can also help families acquire essential household furnishings and transportation. ACHS Student Financial Aid- The school maintains funds to assist students in paying for medical and education items and activities such as physical exams, eye glasses, field trips, uniforms, college textbooks and CNA Licensure fees, competition events, graduation and senior fees and much more.

Alexander County Department of Social Services
604 7th St. SW
Alexander DSS offers many types of federal and state services for the residents of Alexander County. These services are Adult Medicaid, Adult Assistance & Protective Services, Child Day Care, Child Protective Services, Child Support Services, Family & Children’s Medicaid, Food & Nutrition Services, Foster Care, Work First, Investigative Services, Low-Income Energy Assistance and Information & Referrals.

**Alexander County Head Start**  
*(Children First)*  
100 7th ST SW  
Taylorsville, NC 28681  
Phone: (828) 632-3717  
Website: [https://www.alexander.k12.nc.us/headstart/](https://www.alexander.k12.nc.us/headstart/)

Head Start’s mission statement is “To promote growth and development of all children and families in a warm, loving and experience-rich environment.” Head Start provides comprehensive early childhood education, health, nutrition and parent involvement services to low income children and families. Families also enjoy a wealth of parent training opportunities designed to their preferences. Head Start, NC Pre-K, and the Exceptional Children’s Preschool Programs combine to offer preschool for every need.

**Alexander County Health Department**  
338 1st Ave. S.W.  
Taylorsville, NC 28681  
Phone: (828) 632-9704  
Website: [http://alexanderhealth.org/](http://alexanderhealth.org/)

The Alexander County Health Department offers services for the community. These services are Adult Health, Child Health, Communicable Disease, Dental Clinic, Emergency Preparedness, Immunizations, STD Clinic, WIC and Women’s Health.
Alexander County Online Business Directory

Phone: (828) 632-6466
Email: berenda@presentationsontheweb.com
Website: https://www.alexandercountyonline.com/

Launched the Summer of 2000 by Berenda Samples with the goal of promoting local businesses/organizations and providing a “one-click source” of information for Alexander County Residents.

Alexander County Partnership for Children

1565 NC Hwy 90W
Taylorsville, NC 28681
Phone: (828) 632-3799
Website: https://www.alexanderchildren.org/

Alexander County Partnership for Children provides a wide variety of programs to help child care providers in the support of the children of Alexander County. These services are Circle of Parents, Play to Learn, Child Passenger Safety Seat Program, Reach Out and Read, NC PreK, Community Outreach, Child Care Resource and Referral, Child Care Subsidy, and Dolly Parton Imagination Library.

Alexander County Resources

338 1st Ave. S.W.
Taylorsville, NC 28681
Phone: (828) 632-9704
Website: https://acresources.org/

Parent and family resources guide serving Alexander County, NC. This is a service provided by NC Public Health of Alexander County. Categories listed on this site include, Addiction, Child Care, Family Support/Human Services, Health/Safety, Recreation and Special Needs/Disabilities.
Greenway provides fixed route transportation service in the cities of Conover, Hickory and Newton. Flex route service is available for the Town of Taylorsville and in Burke County (Morganton, Drexel, Valdese, Rutherford College). Demand Response Service in the counties of Alexander, Burke, Caldwell and Catawba.

Alexander Habitat for Humanity
294 East Main Avenue
Taylorsville, NC 28681
Phone: (828) 635-7889
Website: http://hfh-nc-alex.huterra.com/

Habitat for Humanity is a non-profit organization founded in 1976 in Americus, Georgia. The organization has helped build, renovate, and repair more than 600,000 decent, affordable houses. These homes shelter more than 3 million people worldwide.

Autism Society of NC – Alexander County Chapter
1565 NC Hwy 90W
Taylorsville, NC 28681
Phone: (828) 639-1778
Website: https://www.facebook.com/groups/asnc.alexander

The Alexander County Chapter of the Autism Society of NC provides support for local individuals and families affected by autism. The Autism Society is committed to providing support and promoting opportunities that enhance the lives of individuals on the autism spectrum and their families. Meets the 2nd Thursday of Every month from 6:00 pm to 7:30 pm at the Alexander County Partnership for Children.
Blue Ridge Community Action
800 N Green St
Morganton, NC 28655
Phone: (828) 438-6255
Website: https://www.brcainc.org/

Blue Ridge Community Action, Inc. (BRCA) is a private, non-profit organization founded in 1965 to address problems related to poverty in Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Rutherford, Stanly and Union Counties. Services they provide are Adult Day Care, Day Care, Weatherization Assistance Program, Home Delivered Meals, Head Start, HARRP (services for those with inadequate or no heating/air conditioning), Congregate Nutrition, Early Head Start, Duke Energy Helping Home Fund, Affordable Rental Units, Foster Grand Parents, and SCSEP (A unique workforce Development program).

Caring Hearts Pregnancy Center
135 7th Street SW
Taylorsville, NC 28681
Phone: (828) 632-1680
Website: http://www.caringheartspc.com/

The Caring Hearts Pregnancy Center is a non-profit organization, supported by individuals, businesses, and churches in the community to help women who find themselves facing a crisis or unplanned pregnancy.

Christian Crisis Center
215 5th Ave SW
Taylorsville, NC 28681
Phone: (828) 632-0022
Website: https://www.facebook.com/pages/Christian-Crisis-Center/667825869902304/

The Christian Crisis Center meets the physical needs of the people of Alexander County. The primary emphasis is to help those who, for whatever reason, find themselves in crisis precipitating a need for food, heating fuel, clothing or furniture.
Children Daycare
604 7th St. SW
Taylorsville, NC 28681
Phone: (828) 352-7673
Website: https://alexandercountync.gov/dss/child-daycare.php

Subsidized child care is a program funded through State and Federal dollars to assist parents with the cost of child care. In order to qualify for financial assistance, parents must meet the income guidelines and must have a recognized need for child care. Families receiving financial assistance may choose the licensed child care program that best meets their needs. The subsidy program can assist with the cost of child care for children ages 0-12. In certain circumstances, children through age 17 may receive child care services. When subsidy funding is limited, the Child Care program maintains a waiting list for parents who are requesting financial assistance.

ComServ, Inc.
Corporate Office
105 Scroggs Court
Morganton, NC 28680
Phone: (828) 438-6026
Website: https://www.comserve.org/

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities find jobs in the community. A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and is integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices,
grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

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**Early Head Start - (The Enola Group)**

506 East Union  
Morganton, NC 28680-0250  
Phone: (828) 604-4906  
Website: [http://enolagroup.org/](http://enolagroup.org/)

Early Head Start is a comprehensive, community-based program serving families and children from birth to age 3 and women who are pregnant. The program mission is to promote positive prenatal outcomes for women, to enhance the growth and development of young children, and to support and strengthen healthy family development. Services are federally provided at no cost to eligible families. The Enola Group Early Head Start provides early childhood education in quality licensed child development classrooms, education and support in families’ homes, and family resource centers in Alexander, Burke and Caldwell Counties. The program also promotes the health and well-being of children and adults. The program help families find medical and dental providers of service to stay current on healthcare needs.

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**East Taylorsville Baptist Church – Tutoring**

644 1st Ave Dr. SE  
Taylorsville, NC 28681  
Phone: (828) 632-2564  
Website: [http://www.easttaylorsville.com/](http://www.easttaylorsville.com/)

The church offers tutoring services each Monday afternoon during the school year from 3:00 to 4:30 PM. Each child is provided tutoring for one hour with a one-on-one tutor. The tutor meets each child’s individual needs by communicating with the child’s teacher through a folder.

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**Family, Infant and Preschool Program (FIPP)**  
**Center for the Advanced Study of Excellence (CASE)**
The Family, Infant and Preschool Program serves in the capacity of a research and training institute as well as an early childhood intervention program for children (ages birth to five years), families, and women who are pregnant. This program is part of the J. Iverson Riddle Developmental Center (JIRDC) located in Morganton, NC. FIPP provides direct support to children and their families in Alexander, Burke, Caldwell, Catawba, and McDowell counties. The mission of the Family, Infant and Preschool Program is to promote the growth and development of young children by supporting and strengthening families and building caring, responsive communities. They provide early intervention services, parent education, pregnancy supports, neonatal intensive care follow-up, and work collaboratively with other community agencies to ensure evidence-based intervention for all young children and families.

Guardian ad Litem Program D22A
203 Constitution Lane
Statesville, NC 28677
Phone: (704) 832-6621
Website: https://gald22a.weebly.com/

Guardian ad Litem Program consists of specially trained advocates, appointed by a judge, who fights for the rights of children during the most vulnerable time of their young lives. A trusted adult empowered to ensure that each child is well cared for – able to find a safe, loving and permanent home. These children are usually neglected or abused in the foster care and child welfare system. They currently serve Alexander and Iredell County.

Hiddenite Community Helpers
45 Fire Department Ct.
Hiddenite, NC 28636
Phone: (828) 320-5269
Website: http://www.hiddenitehelpers.org/

Hiddenite Community Helpers is a non-organization formed in 2012 and is registered with the state of North Carolina. This organization provides a food pantry for the community and for those in need. The food pantry is open every Tuesday and Thursday at 4pm-6pm.
J. Iverson Riddle Developmental Center
300 Enola Rd.
Morganton, NC 28655
Phone: (828) 433-2731
Website: https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-developmental-center

J. Iverson Riddle Developmental Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina’s Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation (help in developing functional living skills) and training to promote independence, self determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual’s responsible Local Management Entity/Managed Care organization (LME/MCO).

Mt. Nebo Baptist Church
2600 Old Mountain Road
Hiddenite, NC 28636
Phone: (704) 585-2498
Website: https://www.mtnebohiddenite.com/

Mt. Nebo Baptist Church offers Care Ministries which provides families relief for taking care of their sick and Crisis Center Food Ministry which provides family food in their time of need.

NC Cooperative Extension - Alexander County Center
376 1st Ave SW
Taylorsville, NC 28681
Phone: (828) 632-4451
Website: https://alexander.ces.ncsu.edu/
The NC Cooperative Extension partners with communities to deliver education and technology that enrich the lives, land and economy of North Carolinians. The key components of the Cooperative Extension’s mission are: Sustaining agriculture and forestry, protecting the environment, maintaining viable communities, developing responsible youth and developing strong, healthy and safe families.

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NC Pre-K
1565 NC Hwy 90W
Taylorsville, NC 28681
Phone: (828) 632-3799
Website: https://www.alexanderchildren.org/

The NC Pre-Kindergarten is a state funded program that provides a high-quality pre-K program to serve children who are at risk and prepares them for success in school.

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Region 9 Child Care Resource and Referral (CCR&R)
734 Salisbury Rd.
Statesville, NC 28677
Phone: (704) 878-9980
Website: http://region9ccrr.org/

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

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Salvation Army – Greater Hickory/High Country Regional Coordinate
Alexander County Branch – Taylorsville
226 Westgate Drive
Taylorsville, NC 28681
Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It’s mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coats to children in need. The Salvation Army of Hickory operates 9 Family Stores in it’s service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community. Through the Salvation Army Boy’s & Girl’s Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.

The Tutoring Program - Antioch Baptist Church
580 Antioch Church Rd
Taylorsville, NC 28681
Phone: (828) 632-2929
Website: https://www.welcome2antioch.org/

Antioch Baptist Church provides a program call The Tutoring Program. It is homework based and helps students from Ellendale School who need extra time with their schoolwork. This is a partnership initiated through the school with Antioch. Children are bused to the Antioch Fellowship Hall on Tuesday after school is dismissed. They receive a nutritious snack, have a devotional and then attend a “one-on-one” or “small-group” homework assistance with their leader. Parents are responsible for transportation to their home following the 1 ½ hour session.
Taylorsville Lion’s Club
170 Fairgrounds Road
Taylorsville, NC 28681
Phone: (828) 632-2226
Website: http://www.taylorsvillelionsclub.org/

The Taylorsville Lion’s Club provides free eyeglasses for qualified individuals and they also participate in the Alexander County Angel Tree Program.

Taylorsville Rotary Foundation
409 E. Main Ave.
Taylorsville, NC 28681
Phone: (828) 635-7889
Website: http://www.taylorsvillerotary.org/

The Rotary Foundation Sponsors School Backpack food program for elementary and middle schools and Christmas shopping spree and gift cards for low income students in Alexander County.

Western Piedmont Council of Governments
1880 2nd Avenue NW
Hickory, NC 28601
Phone: (828) 322-9191
Website: http://www.wpcog.org/

Western Piedmont Council of Governments (WPCOG) is a voluntary association of local governments organized in 1968 as a non-profit group to provide long-range planning and technical assistance. This program serves Alexander County, Burke County, Caldwell County and Catawba County. The WPCOG staff is divided into eight work groups: Administrative & Financial Services, Area Agency on Aging (Caregiver Support, Elder Abuse, Fan/Heat Relief, Health Promotion Programs, Home and Community Care Block Grant Services, Counseling, Project C.A.R.E), Community & Economic Development, IT/GIS Services, Regional & Local Planning/Data Services, Section 8 Housing Program, Transportation, and Workforce Development.
**Women’s Resource Center**  
125 3rd St. NE  
Hickory, NC 28603  
Phone: (828) 322-6333  
Website: [https://www.wrchickory.org/](https://www.wrchickory.org/)

The Women’s Resource Center empowers women through workforce development, advocacy enrichment programs and community partnerships. The WRC offers assistance to women in Alexander, Burke, Caldwell and Catawba Counties. Services provided through WRC include, Women2Work Workforce Development Programs and Support, Transitions4Women and Goal Planning Services, Challenges due to Separation, Domestic Violence, or Divorce, Support groups for Fibromyalgia, Emotional Support Group for Women, Adult Children of Alcoholics, Alcoholism, Substance Abuse & Overeaters. Personal Growth through Educational and Enrichment Programs, and Opportunities to meet and share with other Women.

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**957 Mobile Cafe**  
P.O. Box #95  
Taylorsville, NC 28681  
Phone: (828) 471-7070  
Website: [https://www.957mobilecafe.org/](https://www.957mobilecafe.org/)

“Serving Hope one Meal at a Time.” The 957 Mobile Café is a non-profit organization dedicated to feeding Alexander County’s needy and homeless. They currently serve 4 days a week in Downtown Taylorsville @ the Christian Crisis Center, Hiddenite and Stony Point.
Burke County

A Caring Alternative
301 East Meeting Street
Morganton, NC 28655
Phone: (828) 437-3000
Website: https://www.caringalternative.com/

A Caring Alternative, LLC (ACA) is a well-established comprehensive care agency providing behavioral health and substance use disorder services to adults, adolescents, and children in Western North Carolina. Child, Adolescent and Family services are currently serving in Buncombe, Burke, Caldwell, Catawba and McDowell Counties. Programs available are Therapy Services (School-based, Individual, Family, Integrated Care, Group therapy, Trauma Focused Cognitive Behavioral Therapy, Substance Use Disorder Services, Active Parenting of Teens-Families in Action, Psychiatric Care and Medication Management), Intensive In-Home Services, Therapeutic Foster Care, Day Treatment Services (Buncombe and McDowell Counties) and Services only for Burke and Catawba Counties are Hospital Discharge Planning and Assertive Engagement.

Abernethy Memorial UMC – Wright’s Food Pantry
960 Malcolm Blvd.
Connelly Springs, NC 28612
Phone: (828) 879-8894
Website: http://www.abernethymemorialumc.org/page36.php
Local food bank mission that provides food to Burke County Families in need. The service is held by the church on a Saturday of every month depending on the delivery of food. There are over 300 families who receive food boxes each month.

**Big Brothers Big Sisters of Burke County**  
(Part of Big Brothers Big Sisters of Western North Carolina)  
200 N. King St. (3rd Floor)  
Morganton, NC 28655  
Phone: (828) 253-1470  
Website: [http://www.bbbswnc.org/tag/burke-county/](http://www.bbbswnc.org/tag/burke-county/)

This program selects and match mentors with children facing adversity and provide ongoing activities, training and support services for both families and volunteers to foster a successful match relationship and a lasting connection. These relationships provide children with the support they need to achieve academic improvement, growth in self-confidence and development of life skills.

**Blue Ridge Community Action**  
800 N Green St  
Morganton, NC 28655  
Phone: (828) 438-6255  
Website: [https://www.brcainc.org/](https://www.brcainc.org/)

Blue Ridge Community Action, Inc. (BRCA) is a private, non-profit organization founded in 1965 to address problems related to poverty in Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Rutherford, Stanly and Union Counties. Services they provide are Adult Day Care, Day Care, Weatherization Assistance Program, Home Delivered Meals, Head Start, HARRP (services for those with inadequate or no heating/air conditioning), Congregate Nutrition, Early Head Start, Duke Energy Helping Home Fund, Affordable Rental Units, Foster Grand Parents, and SCSEP (A unique workforce Development program).

**Burke County Children’s Advocacy Center – Gingerbread House**  
408 South Green Street  
Morganton, NC 28655
The Children’s Advocacy Center’s main purpose is to coordinate the efforts of the various agencies that intercede in a child abuse case (Social services, Law Enforcement, DA’s office, Mental Health, etc). Within the child-friendly atmosphere of each CAC, high trained Center Director conducts and records a professional forensic interview. In addition, a Nurse specifically trained in sex abuse examinations conducts a forensic medical exam on-site eliminating need for an emergency room visit.

Burke County Department of Social Services
200 Avery Avenue
Morganton, NC 28655
Phone: (828) 764-9000
Website: http://www.burkenc.org/departments/social-services

Burke County DSS offers many types of federal and state services for the residents of Burke County. These services are Adult Medicaid, Adult Assistance & Protective Services, Child Day Care, Child Protective Services, Child Support Services, Family & Children’s Medicaid, Food & Nutrition Services, Foster Care, Work First, Investigative Services, Low-Income Energy Assistance and Information & Referrals.

Burke County Exceptional Children Preschool Services
700 East Parker Road
Morganton, NC 28655
Phone: (828) 439-4312
Website: https://www.burke.k12.nc.us/departments/birth_to_5_years_old/b_c_e_c_preschool_services

This Burke County Public School Program is available for children ages 3-5. The program recognizes and stresses the importance of family involvement with open communication between parents and staff. Services are available free to preschool age children who eligible under the Procedures Governing Programs and Services for Children with Disabilities. The program is to provide appropriate public education to students with disabilities within the least restrictive environment; striving to maximize the potential of each learner by partnering with families, schools and the community.
Burke County Health Department
700 East Parker Road
Morganton, NC 28655
Phone: (828) 764-9150
Website: http://www.burkenc.org/departments/health-department

Burke County Health Department offers many services for the residents of Burke County. Some of those services are: Burke Wellness Initiative, Community Health Assessments, Environmental Health, Adult Health, Care Coordination for Children (CC4C), Child Health, Family Planning (Birth Control), Health Check, Health Promotion, Immunizations, Maternity Clinic, Pregnancy Care Management, Preparedness, Primary Care, Safe Kids Burke County, STD Clinic, Vasectomy Counseling and Referral, and WIC (Woman, Infants & Children).

Burke County Literacy Council
700 East Parker Road
Morganton, NC 28655
Phone: (828) 764-9150
Website: http://www.burkenc.org/departments/health-department

Burke County Literacy Council offers programs to recruit and encourage individuals to improve their literacy skills. Caring and personal attention, realistic and relevant goal setting, and sensitivity to family issues are components of the program. In the adult literacy programs, volunteers provide free one-on-one tutoring to students. Free educational materials are provided. Survival skills English, pre-literacy language development, and beginning reading are offered in one-on-one or small group instruction. Childcare and transportation are offered to participants in the Project FLOWER program. The Project FLOWER program is to help non-English speaking students learn to read, write and speak English.

Burke County Smart Start – NC PreK
700 East Parker Road
Morganton, NC 28655
Phone: (828) 439-4312
Website: https://www.burke.k12.nc.us/departments/birth_to_5_years_old/n_c_pre_k
Burke County Smart Start provides opportunities for 4 year old preschoolers to attend the Burke County Public Schools. NC Pre-K allows students to attend free if they meet income guidelines. A DSS voucher can also be used to pay tuition. Sites where children can attend are: Drexel, Forest Hill, George Hildebrand, Glen Alpine, Hildebran, Hillcrest, Icard, Mountain View, Mull, Oak Hill, Ray Childers, Salem, Valdese and W.A. Young.

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**Burke County Transportation**  
*(Western Piedmont Regional Transit Authority)*  
1515 4th St. S.W.  
Conover, NC 28613  
Phone: (828) 464-9444 (Demand Response, Flex Route)  
(828) 465-7634 (Fixed Route Bus Information)  
Website: [http://mygreenway.org/](http://mygreenway.org/)

Greenway provides fixed route transportation service in the cities of Conover, Hickory and Newton. Flex route service is available for the Town of Taylorsville and in Burke County (Morganton, Drexel, Valdese, Rutherford College). Demand Response Service in the counties of Alexander, Burke, Caldwell and Catawba.

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**Burke Habitat for Humanity**  
111 Independence Blvd.  
Morganton, NC 28655  
Phone: (828) 437-7844  
Website: [https://www.facebook.com/burkehabitat/](https://www.facebook.com/burkehabitat/)

Habitat for Humanity of Burke County is a 501 non-profit organization founded in 1988. This organization partners with families to build modest, energy efficient homes. Habitat families are carefully qualified and must provide up to 500 hours of “sweat equity” in the construction of their home or the homes of other Habitat families. Habitat provides an interest free home mortgage that is typically less than the rent that a family would be paying for a less than standard home or apartment.

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**Burke United Christian Ministries**
Burke United Christian Ministries (BUCM) serves Burke County through offering people nutritious meals at their soup kitchen, counseling neighbors in times of crisis, and providing families with food, clothing, financial assistance and providing educational opportunities to enhance people’s quality of life leading them to become contributing members of society.

Soup Kitchen Hours:   Mid-Day Meal- Sunday through Saturday from 11:00AM to 12:30PM.  
Evening Meal- Tuesday, Thursday and Sundays from 5:00PM to 6:00PM.

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**Care Coordination for Children (CC4C)**

700 East Parker Road  
Morganton, NC 28655  
Phone: (828) 764-9150

Website: [http://www.burkenc.org/departments/health-department/care-coordination-for-children-(cc4c)](http://www.burkenc.org/departments/health-department/care-coordination-for-children-(cc4c))

Care Coordination for Children (CC4C) is a program offered at no charge for children birth to 5 years of age who: Have long term medical conditions; and/or Are dealing with challenging levels of stress; and/or Are referred by the child’s doctor.  When the care manager receives a referral, they will determine whether your child and family can benefit from CC4C services.  CC4C care managers work with families through: Home visits, phone calls, doctor visits, and other types of contacts.

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**Catawba Valley Healthy Families**

203 Avery Avenue  
Morganton, NC 28655  
Phone: (828) 433-7176

Website: [https://www.childrenshopealliance.org/family-support/](https://www.childrenshopealliance.org/family-support/)

Catawba Valley Healthy Families is a program offered through Children’s Hope Alliance.  It is designed to educate and support families in Burke County so that they can provide their children with a safe and healthy future.  The service begins prenatally or within the first 3 months after the baby’s birth and over the long term with an average length of 3-5 years after the baby’s birth.  The primary focus of the program is to promote positive parenting, parenting
strategies, positive bonding an attachment between parents and child, and developmental information. Parents may also be supported with other resources in the community.

Child Care Connections of Burke County
304 West Union Street
Morganton, NC 28655
Phone: (828) 439-2328
Website: https://childcareconnectionsburke.weebly.com/

Child Care Connections of Burke County Inc. is a private non-profit resource and referral agency offering information to parents, child care providers, employers and the community. Child Care Connections has been serving Burke County since 1994. Child Care Connections strives to coordinate child care services with child care needs and promote public awareness about the importance of child care and the needs of young children. Child Care Connections provides for parents information about licensing standards, where to get assistance in paying for childcare, access to the region 9 referral line, information on community resources in the area and advocates for quality child care.

ComServ, Inc.
Corporate Office
105 Scroggs Court
Morganton, NC 28680
Phone: (828) 438-6026
Website: https://www.comserve.org/

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities
A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and is integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices, grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

Drexel First Baptist Church – BREAD Food Distribution Ministry
200 South Main Street
Drexel, NC 28619
Phone: (828) 437-3351
Website: http://www.drexelfirstbaptist.org/

The BREAD Food Distribution Ministry is held on the second Sunday of each month at 7 PM (6 PM in winter months) and provides groceries to 100-200 families each month. Seasonally, the church provides Thanksgiving meals to needy families and help provide Christmas gifts through “Operation Christmas Child” and through local family adoption.

Early Head Start - (The Enola Group)
506 East Union
Morganton, NC 28680
Phone: (828) 604-4906
Website: http://enolagroup.org/

Early Head Start is a comprehensive, community-based program serving families and children from birth to age 3 and women who are pregnant. The program mission is to promote positive prenatal outcomes for women, to enhance the growth and development of young children, and to support and strengthen healthy family development. Services are federally provided at no cost to eligible families. The Enola Group Early Head Start provides early childhood education in quality licensed child development classrooms, education and support in families’ homes, and family resource centers in Alexander, Burke and Caldwell Counties. The program also
promotes the health and well-being of children and adults. The program help families find medical and dental providers of service to stay current on healthcare needs.

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**East Burke Christian Ministries**  
103 3rd Avenue SE  
Hildebran, NC 28637  
Phone: (828) 397-7074  
Website: [http://ebcmnc.com/](http://ebcmnc.com/)

East Burke Christian Ministries is a small crises assistance agency located in Hildebran serving eastern Burke County. Their main assistance is with food. They also help financially with past due bills for power and rent, and also medicine, and kerosene.

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**Family, Infant and Preschool Program (FIPP)**  
Center for the Advanced Study of Excellence (CASE)  
300 Enola Road  
Morganton, NC 28655  
Phone: (828) 433-2661  
Website: [https://fipp.org/](https://fipp.org/)

The Family, Infant and Preschool Program serves in the capacity of a research and training institute as well as an early childhood intervention program for children (ages birth to five years), families, and women who are pregnant. This program is part of the J. Iverson Riddle Developmental Center (JIRDC) located in Morganton, NC. FIPP provides direct support to children and their families in Alexander, Burke, Caldwell, Catawba, and McDowell counties. The mission of the Family, Infant and Preschool Program is to promote the growth and development of young children by supporting and strengthening families and building caring, responsive communities. They provide early intervention services, parent education, pregnancy supports, neonatal intensive care follow-up, and work collaboratively with other community agencies to ensure evidence-based intervention for all young children and families.

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**Good Samaritan Clinic**  
305 West Union Street  
Morganton, NC 28655
Good Samaritan Clinic is an interdenominational faith-based ministry providing medical care, dental care, mental health counseling, farmworker outreach, confidential HIV testing and counseling, ancillary services, and prescription medications to Burke County residents who are without government assistance, private insurance, or the financial resources to afford such care. The Good Samaritan Clinic was founded on the belief that healthcare is an essential right for all, regardless of the ability to pay.

Governor Morehead Preschool  
(Early Learning Sensory Support Program  
for Children with Hearing and Visual Impairments)  
517 W. Fleming Dr.  
Morganton, NC 28655  
Phone: (828) 433-2980  
Website: https://www.ncdhhs.gov/assistance/vision-loss/governor-morehead-preschool

The Governor Morehead Preschool provides community-based early intervention and preschool services to children diagnose with visual impairments. To be eligible, a child must have a: corrected visual acuity of 20/70 or worse in the better eye, remaining visual field of 20 degrees or less in the better eye, statement from a pediatric ophthalmologist that a child would benefit from services based on a specific diagnosis.

J. Iverson Riddle Developmental Center  
300 Enola Rd.  
Morganton, NC 28655  
Phone: (828) 433-2731  
Website: https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-developmental-center

J. Iverson Riddle Development Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina’s Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation
help in developing functional living skills) and training to promote independence, self determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual’s responsible Local Management Entity/Managed Care organization (LME/MCO).

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**Just Girls Program**  
420 West Fleming Drive Suite C  
Morganton, NC 28655  
Phone: (828) 438-6218  
Website: [http://repayinc.org/just-girls-program](http://repayinc.org/just-girls-program)

The Just Girls program provides girls ages 11-17 in Burke County with a gender specific group and individual counseling program. Just Girls is designed to assist girls needing help with anger management, emotional regulation, depression, issues resulting from abuse, and girls beginning to exhibit behavior that could lead to involvement in the court system. Referrals to the program can come from schools, court system, mental health providers, churches, families and the community. The program provides group therapy, skills development, and opportunities for strengthening positive bonds with school, family and community. Just Girl Program is a service provided through Repay, Inc., a private non-profit criminal justice agency formed in 1982.

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**Mobile Pre-K Bus**  
700 East Parker Road  
Morganton, NC 28655  
Phone: (828) 439-4312  
Website: [http://burke.ss14.sharpschool.com/departments/birth_to_5_years_old/mobile_pre_k](http://burke.ss14.sharpschool.com/departments/birth_to_5_years_old/mobile_pre_k)

The Mobile Pre-school program is FREE of charge. If students are under the age of 3, they are placed on a waiting list and is filled according to those closes to starting kindergarten. The classrooms are buses that have been gutted out and remodeled with wooden cabinets for storage, shelving, and counter tops. The typical classroom setup are carpet area for group time, sofa for reading/listening center, tables for center time, housekeeping and a small kid-friendly bathroom. Each bus parks at six locations for one hour and 45 minutes each week, a total of 18 site stops throughout the county. Each bus can accommodate 14 students at each site, serving a total of 252 students and their family countywide. Some highlights of this program are, free preschool, certified teacher and teacher assistant, developmentally
appropriate, small student/teacher ratio, services provided are in conjunction with Smart Start, offers everything that would be available to your child in a traditional preschool classroom, designed for children ages 3 years old until they are ready to enter kindergarten and they specialize in kindergarten readiness skills.

Morganton Housing Authority
644 1st Street
Morganton, NC 28655
Phone: (828) 437-9101
Website: http://morgantonhousing.com/

Provides public housing for families with low income. All housing is located within Morganton city limits.

Olive Hill Community Economic Development Corporation, Inc.
200 C College St.
Morganton, NC 28655
Phone: (828) 475-4620
Website: https://www.facebook.com/OliveHillCEDC

Olive Hill Community Economic Development Corporation (OHCEDC) is a private non-profit corporation founded in 1998 to provide solutions to distressed residents located in Burke, Caldwell, Catawba and McDowell Counties. Their Mission is “To positively impact the social, physical, educational and economic environment of area families and individuals with asset building opportunities.” Efforts of concentration are in Affordable Housing (ownership and retention) programs, micro-enterprise development and business ownership, financial services and other asset building opportunities.

Pregnancy Care Center of Burke County
302 S. Main Street
Drexel, NC 28619
Phone: (828) 437-4357
Website: https://www.pccob.com/
The Pregnancy Care Center of Burke County is a non-profit organization established in 1986. Their mission is to support local women and men in their journeys through parenthood. The organization consist of technicians and volunteers that provides peer counseling, resources and educational materials to Burke County families. The staff also provides emotional, spiritual and material support as well as facilitates a supportive community. All services like ultrasounds, etc. that are offered at the Pregnancy Care Center is free of charge. Through the Hope Program, families can attend educational classes or in-person meetings and earn “Hope Bucks”. Hope bucks can be used in the boutique to exchange for items such as diapering essentials, clothing for children under 2, baby gear, toiletries and children toys.

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**Region 9 Child Care Resource and Referral (CCR&R)**  
734 Salisbury Rd.  
Statesville, NC 28677  
Phone: (704) 878-9980  
Website: [http://region9ccrr.org/](http://region9ccrr.org/)

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

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**Salvation Army – Greater Hickory/High Country Regional Coordinate**  
412A W Flemming Drive  
Morganton, NC 28655  
Phone: (828) 439-8080  
Website: [https://www.salvationarmycarolinas.org/hickory/](https://www.salvationarmycarolinas.org/hickory/)

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It’s mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other
community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coast to children in need. The Salvation Army of Hickory operates 9 Family Stores in its service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community. Through the Salvation Army Boy’s & Girl’s Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.

Southmountain Children and Family Services
110 West Union Street
Morganton, NC 28680
Phone: (828) 584-1105
Website: https://www.southmountain.org/

Since 1903, child advocacy and foster community specialist Southmountain Children and Family Services has been providing exceptional care for children and families in North Carolina. Headquartered in Morganton, NC, Southmountain Children and Family Services operates the state’s first and only foster community with 5 children’s advocacy centers and Evidence-based Treatment Centers serving Avery, Burke, McDowell, Mitchell, Transylvania, Watauga and Yancey Counties. Their goal is to give children and families hope for their futures with the opportunity to experience successful accomplishments and fulfillment of their dreams.

St. Charles Borromeo Catholic Church – Food Pantry
728 West Union St.
Morganton, NC 28655
Phone: (828) 437-3108
Website: https://www.saintcharlesborromeo.org/?page_id=184
St. Charles is a partner agency of Second Harvest Bank of Metrolina – SHFBM. Currently 99% of the essential grocery items distributed come from SHFBM. St. Charles distribute food to about 65 families a month. The Food Pantry is open from 10 AM – 12 Noon on the 1st and 3rd Tuesday of each month.

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**The Meeting Place Mission**

200 North King Street
Morganton, NC 28680
Phone: (828) 432-5659
Website: [https://www.meetingplacemission.org/](https://www.meetingplacemission.org/)

The Meeting Place Mission Organization’s mission is to end homelessness by providing hope and opportunity to those in need in the community. The organization works to end homelessness through family and men’s transitional housing and emergency shelter for women and children. The Meeting Place Mission provides assistance to all that come to their doors. The homeless are helped on a first come, first served basis. The 3 major programs offered through this organization is Men’s Transitional House, F.A.C.E.S (Families adjusting Changing and Evolving Safely, a Family Transitional Housing program) and the Women & Children’s Emergency Shelter.

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**The Outreach Center**

510 East Fleming Drive
Morganton, NC 28680
Phone: (828) 439-8300
Website: [https://www.theoutreachcenter.org/](https://www.theoutreachcenter.org/)

The Outreach Center is a 501 non-profit organization based in Morganton, NC serving around 1,200 impoverished families weekly through food distribution, education, job training, and spiritual support. The Outreach Center also serves as a food bank for struggling non-profit organizations seeking to help families in the area. The Outreach Market program is a market style food distribution system that serves hundreds of people weekly with food, diapers and household items. They also distribute “outreach dollars” to each family receiving food according to their household size. Diaper for Babies provides free diapers to infants and toddlers in need of diapers. The Fresh Start Education Program includes adult basic education modules, High school equivalency test preparation and college preparation assistance. It also offers computer literacy, career employment skills education, resume writing and job search.
and job training. The workforce development program prepares clients for successful employment by providing both on-the-job training and classroom training. The Outreach Center Community Food Bank program is currently the only food bank located in the community serving homeless shelters and non-profit crisis assistance agencies directly. The Outreach Art and Culture program is designed to help individuals achieve growth in both learning ability and self-esteem. Activities in dance, drama, music, creative writing, and visual arts are offered to those most in need. The children that are served in this program come from families without the means to afford music, dance and other art programs.

Safe Kids Burke County
700 East Parker Road
Morganton, NC 28655
Phone: (828) 764-9150
Website: http://www.burkenc.org/departments/health-department/safe-kids-burke-county

The Safe Kids Burke County Coalition is part of Safe Kids Worldwide and Safe Kids North Carolina. Safe kids is dedicated to the prevention of accidental childhood injury, the number one killer of children ages 14 and under. The Burke County Health Department is the lead agency for Safe Kids Burke County. The coalition includes members from county and community agencies. The program educates children, parents and caregivers through a variety of activities and events. Child passenger safety inspections (car seat checks) by appointment. Child passenger safety presentations, Health and Safety fairs, Bike Rodeos, Medicine drops, and more. They also sell new car seats at reduced prices.

Universal MH/DD/SAS - Morganton Office
223 Avery Avenue
Morganton, NC 28655
Phone: (828) 438-0006
Website: https://www.umhs.net/

Universal MH/DD/SAS is dedicated to helping individuals and families affected by mental illness, developmental disabilities and substance abuse in achieving their full potential to live, work and grow in the community. Universal MH/DD/SAS is a comprehensive community human service organization and is endorsed by each Managed Care Organization (MCO).
Valdese Housing Authority
1402 Lydia Avenue NW
Valdese, NC 28690
Phone: (828) 874-0098
Website: https://www.facebook.com/pages/Valdese-Housing-Authority/139295422784595

Valdese Housing Authority is a public housing agency that participates in the Public Housing Program. Provides public housing for families with low income.

Waldensian Presbyterian Church – Community Assistance Ministry
109 Main St. E
Valdese, NC 28690
Phone: (828) 874-2531
Website: https://www.waldensianpresbyterian.org/outreach/community-assistance

Waldensian Presbyterian Church operates a food pantry and assists residents of Valdese and Drexel with a gift of groceries once a month. They are open every Thursday between 2 PM and 4 PM at the lower entrance of the church. They require valid I.D. as proof of residence. In the event of crisis, they can also offer financial assistance. This is a case by case service and requires an appointment and a pre-phone interview. You must call the church on Thursdays between 2 PM and 4 PM for this ministry service.

Western Piedmont Council of Governments
1880 2nd Avenue NW
Hickory, NC 28601
Phone: (828) 322-9191
Website: http://www.wpcog.org/

Western Piedmont Council of Governments (WPCOG) is a voluntary association of local governments organized in 1968 as a non-profit group to provide long-range planning and technical assistance. This program serves Alexander County, Burke County, Caldwell County and Catawba County. The WPCOG staff is divided into eight work groups: Administrative & Financial Services, Area Agency on Aging (Caregiver Support, Elder Abuse, Fan/Heat Relief, Health Promotion Programs, Home and Community Care Block Grant Services, Counseling, Project C.A.R.E), Community & Economic Development, IT/GIS Services, Regional & Local
Women’s Resource Center
125 3rd St. NE
Hickory, NC 28603
Phone: (828) 322-6333
Website: https://www.wrchickory.org/

The Women’s Resource Center empowers women through workforce development, advocacy enrichment programs and community partnerships. The WRC offers assistance to women in Alexander, Burke, Caldwell and Catawba Counties. Services provided through WRC include, Women2Work Workforce Development Programs and Support, Transitions4Women and Goal Planning Services, Challenges due to Separation, Domestic Violence, or Divorce, Support groups for Fibromyalgia, Emotional Support Group for Women, Adult Children of Alcoholics, Alcoholism, Substance Abuse & Overeaters. Personal Growth through Educational and Enrichment Programs, and Opportunities to meet and share with other Women.
A Caring Alternative, LLC (ACA) is a well-established comprehensive care agency providing behavioral health and substance use disorder services to adults, adolescents, and children in Western North Carolina. Child, Adolescent and Family services are currently serving in Buncombe, Burke, Caldwell, Catawba and McDowell Counties. Programs available are Therapy Services (School-based, Individual, Family, Integrated Care, Group therapy, Trauma Focused Cognitive Behavioral Therapy, Substance Use Disorder Services, Active Parenting of Teens-Families in Action, Psychiatric Care and Medication Management), Intensive In-Home Services, Therapeutic Foster Care, Day Treatment Services (Buncombe and McDowell Counties) and Services only for Burke and Catawba Counties are Hospital Discharge Planning and Assertive Engagement.

Blue Ridge Community Action
800 N Green St
Morganton, NC 28655
Phone: (828) 438-6255
Website: https://www.brcainc.org/
Blue Ridge Community Action, Inc. (BRCA) is a private, non-profit organization founded in 1965 to address problems related to poverty in Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Rutherford, Stanly and Union Counties. Services they provide are Adult Day Care, Day Care, Weatherization Assistance Program, Home Delivered Meals, Head Start, HARRP (services for those with inadequate or no heating/air conditioning), Congregate Nutrition, Early Head Start, Duke Energy Helping Home Fund, Affordable Rental Units, Foster Grand Parents, and SCSEP (A unique workforce Development program).

Caldwell Committee for Healthy Families (CCHF)
609 Harper Avenue
Lenoir, NC 28645
Phone: (828) 757-8632
Website: http://caldwellcommittee.tripod.com/

Caldwell Committee for Health Families (CCHF) is a private, non-profit organization. Access to services is not based on race, gender, socio-economic background or ability to pay. All services are free to the public. The mission for CCHF is to improve the quality of life for all families living in Caldwell County. This mission is accomplished through child abuse prevention, parent education/support, and public awareness. Programs that are offered through this organization are Nurturing Program (For parents for children birth to 5 years old), Tweeners (for parents who have children ages 6 to 11 years old, funded by TANF and United Way), PACT (Parents and Adolescents coming together, ages 12 to 18 years old), Apoyando A Todos Los Padres (Nurturing program for Spanish speaking parents), Grandpower for Grandparents (Support group for grandparents or other caregivers rearing a child family member), and HUGS (Helping, Understanding, Giving Support, provides emergency respite child care to families experiencing an immediate crisis).

Caldwell Council on Adolescent Health
918 West Ave NW
Lenoir, NC 28645
Phone: (828) 757-9020
Website: https://www.ccah.online/

The Council on Adolescent Health, a non-profit organization, was founded in 1983, for the purpose of reducing teen pregnancy in Caldwell County, NC. The council promotes positive life
choices by using best practice models in the classroom. Through their programs, teenagers are empowered to make healthier choices, mind and body.

Caldwell County Department of Social Services
2345 Morganton Blvd., SW Suite A
Lenoir, NC 28645
Phone: (828) 426-8200
Website: http://www.caldwellcountync.org/social-services

Caldwell County DSS offers many types of federal and state services for the residents of Caldwell County. These services are Adult Protective Services, Adult Care Home Monitoring, Adult Medicaid, Adult Placement Services, Child Care Assistance (VOUCHERS), Child Protective Services, Child Support, Community Alternatives Program (CAP), Emergency Assistance, Family & Children’s Medicaid, Family In-Home Services, Fishing License, Food & Nutrition Services/Electronic Benefits Transfer, Low Income Energy Assistance Program (LIEAP), Manage Care (Carolina ACCESS), Medicaid Transportation, Program Integrity, Work First Family (WFFA) and Youth Work Permit.

Caldwell County Health Department
2345 Morganton Blvd, Suite B
Lenoir, NC 28645
Phone: (828) 426-8400
Website: http://www.caldwellcountync.org/health-department

Caldwell County Health Department offers many services for the residents of Caldwell County. Some of those services are: Animal Control, Child Health Services, Communicable Disease/STD, Dental, Environmental Health, Health Promotion/Education, Immunizations, Men’s Health, Preparedness, Publications/Health Data, WIC Nutrition Services, and Women’s Health.

Caldwell County Transportation
(Western Piedmont Regional Transit Authority)
1515 4th St. S.W.
Conover, NC 28613
Phone: (828) 464-9444 (Demand Response, Flex Route)
Greenway provides fixed route transportation service in the cities of Conover, Hickory and Newton. Flex route service is available for the Town of Taylorsville and in Burke County (Morganton, Drexel, Valdese, Rutherford College). Demand Response Service in the counties of Alexander, Burke, Caldwell and Catawba.

Caldwell County Yokefellow
1602 Harper Ave
Lenoir, NC 28645
Phone: (828) 754-7088
Website: http://www.yokefellowofcaldwellco.org/

Lenoir Emergency Outreach Shelter
1129 West Avenue
Lenoir, NC 28645
Phone: (828) 726-3634
Website: https://lenoiremergencyoutreachshelter.webs.com/

Caldwell County Yokefellow is a Christian based non-profit organization. Yokefellow of Caldwell County provides assistance to individuals and families in Caldwell County. Services provided are Food Pantry, Emergency Assistance and Thrift Store. If already enrolled in the Food Stamp program, individuals and families automatically qualify for Yokefellow food assistance every 30 days. If not, the program uses USDA income guidelines. Photo ID, last four ss# and a proof of residence is required. Direct financial assistance is available, clients must present original bills, photo ID, last 4 SS# and proof of residence. Application with DSS Emergency Assistance Department is required before coming to Yokefellow. Electricity, fuel/K1, natural gas, water, rent and medicines or other medical assistance is included in emergency assistance services. The thrift store offers extremely affordable adult, children’s and household items and clothes. For emergency assistance, the office can write a voucher that allows clients to receive goods at no charge. Yokefellow also has a program call the Lenoir Emergency Outreach Shelter which is an emergency shelter that serves men, women and children under one roof.

Caldwell Friends
918 West Ave NW
Lenoir, NC 28645
Caldwell Friend’s mission is “Empowering, equipping, and encouraging young people to make better choices through the power of one-to-one mentoring friendships. Caldwell Friends falls in a Community-Based mentoring program. Mentors and Mentees in this program participate in one-to-one outings and activities after school. The life circumstances children and youth face are poverty, single-parent homes, grandparents raising grandchildren, full time working parents, unhealthy environment situations, mental illness, addictions, bullying, gangs, and failing academically. Caldwell Friends mentors strive to be friends with children who can easily fall between the cracks.

Caldwell Habitat for Humanity
1216 Harper Avenue
Lenoir, NC 28645
Phone: (828) 758-8757
Website: http://caldwellhabitat.org/

Caldwell Habitat is part of a global, nonprofit housing organization operated on Christian principles that seeks to put God’s love into action by building homes, communities and hope. Caldwell County Habitat is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes. Founded in Americus, GA, USA in 1976, Habitat for Humanity today operates around the globe and has helped build, renovate and repair more than 600,000 decent, affordable houses sheltering more than 3 million people worldwide.

Caldwell Pregnancy Care Center
210 Ridge Street
Lenoir, NC 28645
Phone: (828) 757-9555
Website: https://www.caldwellpregnancycare.org/

Caldwell Pregnancy Care Center offers free and confidential pregnancy services. Services they offer are free pregnancy tests, education classes (single parenting, parenting, pre-natal, marriage), baby layettes, material aid (STD/STI information, abortion information), peer counseling, abstinence program, community referrals (adoption, church, community, housing, legal, clinical), parenting support, and post abortion support.
Caldwell Smart Start
916 West Avenue
Lenoir, NC 28645
Phone: (828) 426-5437
Website: https://www.caldwellsmartstart.org/

Smart Start is North Carolina’s nationally recognized and award-winning early childhood initiative designed to ensure that young children enter school healthy and ready to succeed. Smart Start is a public-private initiative that provides early education funding to all of the state’s 100 counties. Smart Start funds are administered at the local level through local non-profit organizations called Local Partnerships. Smart Start funds are used to improve the quality of child care, make child care more affordable and accessible, provide access to health services and offer family support.

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Phone: (828) 929-2247
Website: http://ciscaldwell.org/

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ComServ, Inc.
Corporate Office
105 Scroggs Court
Morganton, NC 28680
Phone: (828) 438-6026
Website: https://www.comserve.org/
ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities find jobs in the community. A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and is integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices, grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

Dulatown Outreach Center
1302 Norwood Street SW
Lenoir, NC 28645
Phone: (828) 758-2482
Website: http://www.dulatownoutreachcenter.com/

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Early Head Start - (The Enola Group)
506 East Union
Morganton, NC 28680
Phone: (828) 604-4906
Website: http://enolagroup.org/

Early Head Start is a comprehensive, community-based program serving families and children from birth to age 3 and women who are pregnant. The program mission is to promote positive prenatal outcomes for women, to enhance the growth and development of young children, and to support and strengthen healthy family development. Services are federally provided at no cost to eligible families. The Enola Group Early Head Start provides early childhood education in quality licensed child development classrooms, education and support in families’ homes, and family resource centers in Alexander, Burke and Caldwell Counties. The program also promotes the health and well-being of children and adults. The program help families find medical and dental providers of service to stay current on healthcare needs.

Family, Infant and Preschool Program (FIPP)
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300 Enola Road
Morganton, NC 28655
Phone: (828) 433-2661
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Helping Hands Clinic
810 Harper Avenue
Lenoir, NC 28645
Phone: (828) 754-8565
Website: http://www.helpinghandsclinic.org/

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J. Iverson Riddle Developmental Center
300 Enola Rd.
Morganton, NC 28655
Phone: (828) 433-2731
Website: https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-developmental-center

J. Iverson Riddle Development Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina’s Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation (help in developing functional living skills) and training to promote independence, self determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual’s responsible Local Management Entity/Managed Care organization (LME/MCO).

Lenoir Housing Authority
431 Vance Street NW
Lenoir, NC 28645
Phone: (828) 758-5536
Website: http://www.lhauthority.org/
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**Lenoir Soup Kitchen**

1113 College Ave  
Lenoir, NC 28645  
Phone: (828) 758-1411  
Website: [https://www.lenoirsoupkitchen.org/](https://www.lenoirsoupkitchen.org/)

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**Mountain Grove – Bags of Blessings Food Pantry**

2485 Connelly Springs Rd.  
Granite Falls, NC 28630  
Phone: (828) 728-9557 ext. 13  
Website: [http://mountaingrove.org/site/food-pantry/](http://mountaingrove.org/site/food-pantry/)

The Bags of Blessings Food Pantry distributes food on the 2nd and 4th Tuesday of every month. This ministry is located in the bottom of Mountain Grove Church’s worship facility. The food pantry is a vital ministry for Mountain Grove Church. Each week, this ministry touches the lives of over 200 individual families in Caldwell County.

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**Olive Hill Community Economic Development Corporation, Inc.**

200 C College St.  
Morganton, NC 28655  
Phone: (828) 475-4620
Olive Hill Community Economic Development Corporation (OHCEDC) is a private non-profit corporation founded in 1998 to provide solutions to distressed residents located in Burke, Caldwell, Catawba and McDowell Counties. Their Mission is “To positively impact the social, physical, educational and economic environment of area families and individuals with asset building opportunities.” Efforts of concentration are in Affordable Housing (ownership and retention) programs, micro-enterprise development and business ownership, financial services and other asset building opportunities.

Region 9 Child Care Resource and Referral (CCR&R)
734 Salisbury Rd.
Statesville, NC 28677
Phone: (704) 878-9980
Website: http://region9ccrr.org/

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

Safe Kids Caldwell County
Caldwell County Health Department
2345 Morgantown Blvd
Lenoir, NC 28645
Phone: (828) 757-1424
Website: https://www.safekids.org/coalition/safe-kids-caldwell-county

Safe Kids Caldwell County is led by Caldwell County Health Department, which provides dedicated and caring staff, operation support and other resources to assist in achieving a common goal; keeping kids safe. Based on the needs of the community, this coalition
implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics that help parent’s and caregivers prevent childhood injuries.

**Salvation Army – Greater Hickory/High Country Regional Coordinate**

Caldwell County Branch  
4370 Hickory Blvd.  
Granite Falls, NC 28630  
Phone: (828) 496-2370  
Website: [https://www.salvationarmycarolinas.org/hickory/](https://www.salvationarmycarolinas.org/hickory/)

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It’s mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coast to children in need. The Salvation Army of Hickory operates 9 Family Stores in it’s service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community. Through the Salvation Army Boy’s & Girl’s Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.

**Shelter Home of Caldwell County**  
P.O. Box 426  
Lenoir, NC 28645  
Phone: (828) 758-0888
The Shelter Home of Caldwell County (SHCC) provides emergency and support services for victims/survivors of domestic violence, rape and sexual assault and their children. SHCC also provides services for child advocacy, court advocacy, support groups and classes and contacts for other victim service providers. Their mission is to provide safety and basic needs to victims. Listen, help clients identify their options and discover their strengths. Provide information, referrals and positive support for change. Inform, educate, and provide prevention services to the community.

Western Piedmont Council of Governments
1880 2nd Avenue NW
Hickory, NC 28601
Phone: (828) 322-9191
Website: http://www.wpcog.org/

Western Piedmont Council of Governments (WPCOG) is a voluntary association of local governments organized in 1968 as a non-profit group to provide long-range planning and technical assistance. This program serves Alexander County, Burke County, Caldwell County and Catawba County. The WPCOG staff is divided into eight work groups: Administrative & Financial Services, Area Agency on Aging (Caregiver Support, Elder Abuse, Fan/Heat Relief, Health Promotion Programs, Home and Community Care Block Grant Services, Counseling, Project C.A.R.E), Community & Economic Development, IT/GIS Services, Regional & Local Planning/Data Services, Section 8 Housing Program, Transportation, and Workforce Development.

Women’s Resource Center
125 3rd St. NE
Hickory, NC 28603
Phone: (828) 322-6333
Website: https://www.wrchickory.org/

The Women’s Resource Center empowers women through workforce development, advocacy enrichment programs and community partnerships. The WRC offers assistance to women in Alexander, Burke, Caldwell and Catawba Counties. Services provided through WRC include, Women2Work Workforce Development Programs and Support, Transitions4Women and Goal Planning Services, Challenges due to Separation, Domestic Violence, or Divorce, Support groups
for Fibromyalgia, Emotional Support Group for Women, Adult Children of Alcoholics, Alcoholism, Substance Abuse & Overeaters. Personal Growth through Educational and Enrichment Programs, and Opportunities to meet and share with other Women.

Catawba County

A Caring Alternative
301 East Meeting Street
Morganton, NC 28655
Phone: (828) 437-3000
Website: https://www.caringalternative.com/

A Caring Alternative, LLC (ACA) is a well-established comprehensive care agency providing behavioral health and substance use disorder services to adults, adolescents, and children in Western North Carolina. Child, Adolescent and Family services are currently serving in Buncombe, Burke, Caldwell, Catawba and McDowell Counties. Programs available are Therapy Services (School-based, Individual, Family, Integrated Care, Group therapy, Trauma Focused Cognitive Behavioral Therapy, Substance Use Disorder Services, Active Parenting of Teens-Families in Action, Psychiatric Care and Medication Management), Intensive In-Home Services, Therapeutic Foster Care, Day Treatment Services (Buncombe and McDowell Counties) and Services only for Burke and Catawba Counties are Hospital Discharge Planning and Assertive Engagement.

Blue Ridge Community Action
800 N Green St
Morganton, NC 28655
Blue Ridge Community Action, Inc. (BRCA) is a private, non-profit organization founded in 1965 to address problems related to poverty in Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Rutherford, Stanly and Union Counties. Services they provide are Adult Day Care, Day Care, Weatherization Assistance Program, Home Delivered Meals, Head Start, HARRP (services for those with inadequate or no heating/air conditioning), Congregate Nutrition, Early Head Start, Duke Energy Helping Home Fund, Affordable Rental Units, Foster Grand Parents, and SCSEP (A unique workforce Development program).

Caldwell Committee for Healthy Families (CCHF)
609 Harper Avenue
Lenoir, NC 28645
Phone: (828) 757-8632
Website: http://caldwellcommittee.tripod.com/

Caldwell Committee for Health Families (CCHF) is a private, non-profit organization. Access to services is not based on race, gender, socio-economic background or ability to pay. All services are free to the public. The mission for CCHF is to improve the quality of life for all families living in Caldwell County. This mission is accomplished through child abuse prevention, parent education/support, and public awareness. Programs that are offered through this organization are Nurturing Program (For parents for children birth to 5 years old), Tweeners (for parents who have children ages 6 to 11 years old, funded by TANF and United Way), PACT (Parents and Adolescents coming together, ages 12 to 18 years old), Apoyando A Todos Los Padres (Nurturing program for Spanish speaking parents), Grandpower for Grandparents (Support group for grandparents or other caregivers rearing a child family member), and HUGS (Helping, Understanding, Giving Support, provides emergency respite child care to families experiencing an immediate crisis).

Caldwell Council on Adolescent Health
918 West Ave NW
Lenoir, NC 28645
Phone: (828) 757-9020
Website: https://www.ccah.online/
The Council on Adolescent Health, a non-profit organization, was founded in 1983, for the purpose of reducing teen pregnancy in Caldwell County, NC. The council promotes positive life choices by using best practice models in the classroom. Through their programs, teenagers are empowered to make healthier choices, mind and body.

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**Caldwell County Department of Social Services**

2345 Morganton Blvd., SW Suite A  
Lenoir, NC 28645  
Phone: (828) 426-8200  
Website: [http://www.caldwellcountync.org/social-services](http://www.caldwellcountync.org/social-services)

Caldwell County DSS offers many types of federal and state services for the residents of Caldwell County. These services are Adult Protective Services, Adult Care Home Monitoring, Adult Medicaid, Adult Placement Services, Child Care Assistance (VOUCHERS), Child Protective Services, Child Support, Community Alternatives Program (CAP), Emergency Assistance, Family & Children’s Medicaid, Family In-Home Services, Fishing License, Food & Nutrition Services/Electronic Benefits Transfer, Low Income Energy Assistance Program (LIEAP), Manage Care (Carolina ACCESS), Medicaid Transportation, Program Integrity, Work First Family (WFFA) and Youth Work Permit.

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**Caldwell County Health Department**

2345 Morganton Blvd, Suite B  
Lenoir, NC 28645  
Phone: (828) 426-8400  
Website: [http://www.caldwellcountync.org/health-department](http://www.caldwellcountync.org/health-department)

Caldwell County Health Department offers many services for the residents of Caldwell County. Some of those services are: Animal Control, Child Health Services, Communicable Disease/STD, Dental, Environmental Health, Health Promotion/Education, Immunizations, Men’s Health, Preparedness, Publications/Health Data, WIC Nutrition Services, and Women’s Health.

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**Caldwell County Transportation**  
(Western Piedmont Regional Transit Authority)
Greenway provides fixed route transportation service in the cities of Conover, Hickory and Newton. Flex route service is available for the Town of Taylorsville and in Burke County (Morganton, Drexel, Valdese, Rutherford College). Demand Response Service in the counties of Alexander, Burke, Caldwell and Catawba.

Caldwell County Yokefellow
1602 Harper Ave
Lenoir, NC 28645
Phone: (828) 754-7088
Website: http://www.yokefellowofcaldwellco.org/

Lenoir Emergency Outreach Shelter
1129 West Avenue
Lenoir, NC 28645
Phone: (828) 726-3634
Website: https://lenoiremergencyoutreachshelter.webs.com/

Caldwell County Yokefellow is a Christian based non-profit organization. Yokefellow of Caldwell County provides assistant to individuals and families in Caldwell County. Services provided are Food Pantry, Emergency Assistance and Thrift Store. If already enrolled in the Food Stamp program, individuals and families automatically qualify for Yokefellow food assistance every 30 days. If not, the program uses USDA income guidelines. Photo ID, last four ss# and a proof of residence is required. Direct financial assistance is available, clients must present original bills, photo ID, last 4 SS# and proof of residence. Application with DSS Emergency Assistance Department is required before coming to Yokefellow. Electricity, fuel/K1, natural gas, water, rent and medicines or other medical assistance is included in emergency assistance services. The thrift store offers extremely affordable adult, children’s and household items and clothes. For emergency assistance, the office can write a voucher that allows clients to receive goods at no charge. Yokefellow also has a program call the Lenoir Emergency Outreach Shelter which is an emergency shelter that serves men, women and children under one roof.
Caldwell Friends
918 West Ave NW
Lenoir, NC 28645
Phone: (828) 758-4683
Website: https://www.caldwellfriends.com/

Caldwell Friend’s mission is “Empowering, equipping, and encouraging young people to make better choices through the power of one-to-one mentoring friendships. Caldwell Friends falls in a Community-Based mentoring program. Mentors and Mentees in this program participate in one-to-one outings and activities after school. The life circumstances children and youth face are poverty, single-parent homes, grandparents raising grandchildren, full time working parents, unhealthy environment situations, mental illness, addictions, bullying, gangs, and failing academically. Caldwell Friends mentors strive to be friends with children who can easily fall between the cracks.

Caldwell Habitat for Humanity
1216 Harper Avenue
Lenoir, NC 28645
Phone: (828) 758-8757
Website: http://caldwellhabitat.org/

Caldwell Habitat is part of a global, nonprofit housing organization operated on Christian principles that seeks to put God’s love into action by building homes, communities and hope. Caldwell County Habitat is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes. Founded in Americus, GA, USA in 1976, Habitat for Humanity today operates around the globe and has helped build, renovate and repair more than 600,000 decent, affordable houses sheltering more than 3 million people worldwide.

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734 Salisbury Rd.
Statesville, NC 28677
Phone: (704) 878-9980
Website: http://region9ccrr.org/

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

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Safe Kids Caldwell County
Caldwell County Health Department
2345 Morgantown Blvd
Lenoir, NC 28645
Phone: (828) 757-1424
Website: https://www.safekids.org/coalition/safe-kids-caldwell-county
Safe Kids Caldwell County is led by Caldwell County Health Department, which provides dedicated and caring staff, operation support and other resources to assist in achieving a common goal; keeping kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics that help parent’s and caregivers prevent childhood injuries.

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**Salvation Army – Greater Hickory/High Country Regional Coordinate**

Caldwell County Branch  
4370 Hickory Blvd.  
Granite Falls, NC 28630  
Phone: (828) 496-2370  
Website: [https://www.salvationarmycarolinas.org/hickory/](https://www.salvationarmycarolinas.org/hickory/)

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It’s mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coast to children in need. The Salvation Army of Hickory operates 9 Family Stores in it’s service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community. Through the Salvation Army Boy’s & Girl’s Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.
Shelter Home of Caldwell County
P.O. Box 426
Lenoir, NC 28645
Phone: (828) 758-0888
Website: http://www.shelterhomecc.org/

The Shelter Home of Caldwell County (SHCC) provides emergency and support services for victims/survivors of domestic violence, rape and sexual assault and their children. SHCC also provides services for child advocacy, court advocacy, support groups and classes and contacts for other victim service providers. Their mission is to provide safety and basic needs to victims. Listen, help clients identify their options and discover their strengths. Provide information, referrals and positive support for change. Inform, educate, and provide prevention services to the community.

Western Piedmont Council of Governments
1880 2nd Avenue NW
Hickory, NC 28601
Phone: (828) 322-9191
Website: http://www.wpcog.org/

Western Piedmont Council of Governments (WPCOG) is a voluntary association of local governments organized in 1968 as a non-profit group to provide long-range planning and technical assistance. This program serves Alexander County, Burke County, Caldwell County and Catawba County. The WPCOG staff is divided into eight work groups: Administrative & Financial Services, Area Agency on Aging (Caregiver Support, Elder Abuse, Fan/Heat Relief, Health Promotion Programs, Home and Community Care Block Grant Services, Counseling, Project C.A.R.E), Community & Economic Development, IT/GIS Services, Regional & Local Planning/Data Services, Section 8 Housing Program, Transportation, and Workforce Development.

Women’s Resource Center
125 3rd St. NE
Hickory, NC 28603
Phone: (828) 322-6333
Website: https://www.wrchickory.org/
The Women’s Resource Center empowers women through workforce development, advocacy enrichment programs and community partnerships. The WRC offers assistance to women in Alexander, Burke, Caldwell and Catawba Counties. Services provided through WRC include, Women2Work Workforce Development Programs and Support, Transitions4Women and Goal Planning Services, Challenges due to Separation, Domestic Violence, or Divorce, Support groups for Fibromyalgia, Emotional Support Group for Women, Adult Children of Alcoholics, Alcoholism, Substance Abuse & Overeaters. Personal Growth through Educational and Enrichment Programs, and Opportunities to meet and share with other Women.

Lincoln County

Christian Ministries of Lincoln County
207 South Poplar Street
Lincolnton, NC 28093
Phone: (704) 732-0383
Website: https://christianministryoflincolncounty.org/

Christian Ministries of Lincoln County meet the needs of those in the community through five different ministries. Emergency Services, Soup Kitchen, LINC Home Delivered Meals, Christmas Ministry and Nursing Home Ministries. Emergency Services Assistance (such as food, household items, clothing, medicine, kerosene, etc) is given every 30 days to residents of Lincoln County. Financial assistance for utilities are given out every 3 months. To receive assistance, the resident must show proof of address, proof of income, social security cards (or tax ID number). The Soup Kitchen Ministry provides a hot noon meal from 11:30 to 12:30 everyday of the year to an average of 143 people in the community. LINC Home Delivered Meals delivers a nutritionally balanced hot noon meal Monday through Friday to the home bound of Lincoln County. Average use of this service is over 300. This ministry provides subsidy or sponsorship for those who cannot pay for their meals. To receive meals, a home visit is completed by the LINC coordinator, a diet order is requested from the recipient’s primary doctor, and if financial aid is needed, a financial analysis will be completed.
ComServ, Inc.
Corporate Office
105 Scroggs Court
Morganton, NC 28680
Phone: (828) 438-6026
Website: https://www.comserve.org/

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities find jobs in the community. A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and is integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices, grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

Gaston Community Action, Inc.
223 North Morris Street
Gastonia, NC 28052
Phone: (704) 861-2283
Gaston Community Action, Inc. (GCA) is a private non-profit corporation structured in accordance with standards and requirements of the Federal Economic Opportunity Act of 1964 and amendments. GCA services the counties of Cleveland, Gaston, Lincoln and Stanly. Their Community Service Block Grant (CSBG) program is directed toward making low-income residents of the four counties self-sufficient by providing help with employment, housing, education and transportation. GCA also administers the Head Start Program in Gaston and Lincoln Counties.

Habitat for Humanity of Lincoln County
809 E Sycamore St.
Lincolnton, NC 28092
Phone: (704) 748-1800
Website: http://habitatlcnc.org/

Habitat for Humanity is a Christian based non-profit organization. Habitat of Lincoln County was started in 1992. Since then, Habitat of Lincoln County has served 37 families with new, rehabbled and recycles homes along with home repairs. Habitat of Lincoln County tithes to providing housing around the world. Since 1992, Habitat of Lincoln County’s tithe has served over 300 international families in Guatemala.

Homelessness Continuum of Care
United Way of Lincoln County
PO Box 234
Lincolnton, NC 28093
Phone: (704) 732-8055
Website: https://www.hudexchange.info/programs/coc/

The Continuum of Care Program, sponsored by the US Department of Housing and Urban Development, promotes the goal of ending homelessness in communities; provides funding for efforts by non-profit providers and state and local governments to quickly re-house homeless individuals and families; promote access to and effective utilization of programs; and optimize self-sufficiency among those experience homelessness. At the local level, the regional Continuum of Care group consists of Cleveland, Gaston and Lincoln Counties. The goal is to provide a consistent process for identifying, assessing and assisting families, individuals, senior citizens, veterans and youth who are in need so they can get help immediately.
J. Iverson Riddle Developmental Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina’s Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation (help in developing functional living skills) and training to promote independence, self determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual’s responsible Local Management Entity/Managed Care organization (LME/MCO).

Lincoln County Coalition Against Child Abuse & Child Advocacy Center
161 Policarp Street
Lincolnton, NC 28092
Phone: (704) 736-1155
Website: https://cac-lincolncounty.org/

The Lincoln County Coalition Against Child Abuse, Inc. is a citizen-based organization dedicated to preventing child abuse and neglect in all forms and providing intervention and treatment when children have become victims. The Lincoln County Coalition Against Child Abuse’s Child Advocacy Center is dedicated to being the primary source of relief through a coordination of efforts when a child is victimized. The Child Advocacy Center was established to respond rapidly and effectively to reported cases of child abuse, with intent to minimize further trauma to the child and non-offending family members, to promote appropriate therapy for the child and non-offending family members, and to follow-up with the child and family throughout the periods of investigation and therapy.

Lincoln County Companions Program
151 Sigmon Road
This program matches an adult volunteer who is a good role model with a troubled youth which will help the youth with difficulties in his or her life and decrease delinquency in the community. Some funds are available for the youth to receive recommended therapy and the parent’s to receive recommended therapy. To be eligible, the youth must be between 7 and 17 and be referred by one of these agencies: Juvenile Court Counselors, Mental Health, Social Services, Law Enforcement, Schools, Minister, or other Community Agencies.

Lincoln County Department of Social Services
1136 E. Main St.
Lincolnton, NC 28092
Phone: (704) 732-0738
Website: https://www.lincolncounty.org/index.aspx?NID=135

Lincoln County Social Services provide the following services: Adult services, Child Welfare Services, Child Support, Economic Services (Medicaid, Food Nutrition Services), Work Permits, Fishing License, Services for the blind, and Vocational Rehabilitation. Lincoln County Social Service’s Mission is to provide economic support and needed services to children, adults, and their families. Obtain maximum benefits available for clients. Administer services promptly, efficiently, and accurately in accordance with Federal, State and County laws and Regulations. Enable clients who can work to become self-sufficient. Refer clients to other services offered by Social Services and the community.

Lincoln County Health Department
200 Gamble Drive
Lincolnton, NC 28092
Phone: (704) 735-3001
Website: http://www.lincolncounty.org/index.aspx?NID=117

Lincoln County Health Department provides quality health services to promote a healthy community. Lincoln County Health Department services promote healthy lifestyles through prevention, preparedness and education. The Health Department provides health services for children and adults. These services include immunizations, communicable disease
investigations, HIV/AIDS testing, adult health screenings, breast and cervical cancer screenings for uninsured or underinsured women ages 50-64, child care health safety, nutrition consultation and trainings to staff, children and parents, Migrant Health Program, Care coordination for children, children ages birth to 5 identified as being at risk, chronic disease/treatment, Laboratory testing, Maternal routine prenatal care and prenatal education, School Nurse program, Pregnancy care management, pregnancy tests, refugee health program, state required vaccines to all children ages birth through age 18, TB Control and Testing, vital records, well child exams and screenings, women’s health physical exams (pap smears, breast exams, birth control) and Women, Infants and Children Program (WIC).

Parents and Children Together (PACT)
1808 N. Aspen St.
Lincolnton, NC 28092
Phone: (704) 735-5623
Website: None Available

Parents and Children Together (PACT) Program is an early intervention, home based program that provides services to families and children from birth to three years of age who are at risk for developmental delays, or those who are diagnosed as developmentally delayed. Services are also provided for children with atypical behavior up to five years of age. In addition, PACT is also able to provide in-service training to day care staff on appropriate intervention strategies to be used with these children.

Partnership for Children of Lincoln & Gaston Counties
120 Roechling Street
Dallas, NC 28034
Phone: (704) 922-0900
Website: http://pfclg.org/

The Partnership is a non-profit organization that provides services, advocates and collaborates with others to ensure the well-being of children, ages birth to five. The goal is to help these children reach their health, developmental, and education potential. The Partnership support local families and children through Smart Start, North Carolina’s award-winning early childhood initiative.
Safe Kids Lincoln County
Lincoln County Health Department
200 Gamble Drive
Lincolnton, NC 28092
Phone: (704) 732-3952
Website: https://www.safekids.org/coalition/safe-kids-lincoln-county

Safe Kids Lincoln County is led by Lincoln County Health Department, which provides dedicated and caring staff, operation support and other resources to assist in achieving one common goal: keeping kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.

Salvation Army – Gaston & Lincoln Counties
107 S Broad St.
Gastonia, NC 28052
Phone: (704) 867-6145
Website: https://www.salvationarmycarolinas.org/gastonia/

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It’s mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. Services offered at this branch are The Boy’s & Girls Club, Center of Hope, Catherine Booth Gardens Apartments and Worship Center.
A Caring Alternative, LLC (ACA) is a well-established comprehensive care agency providing behavioral health and substance use disorder services to adults, adolescents, and children in Western North Carolina. Child, Adolescent and Family services are currently serving in Buncombe, Burke, Caldwell, Catawba and McDowell Counties. Programs available are Therapy Services (School-based, Individual, Family, Integrated Care, Group therapy, Trauma Focused Cognitive Behavioral Therapy, Substance Use Disorder Services, Active Parenting of Teens-Families in Action, Psychiatric Care and Medication Management), Intensive In-Home Services, Therapeutic Foster Care, Day Treatment Services (Buncombe and McDowell Counties) and Services only for Burke and Catawba Counties are Hospital Discharge Planning and Assertive Engagement.
Adolescent Parenting Program
McDowell County Schools
33 S. Main Street
Marion, NC 28752
Phone: (704) 652-1040
Website: http://main.nc.us/mcdowell/APP1.html

The Adolescent Parenting Program was started in 1984 by the N.C. Department of Human Resources to help build positive parenting skills in adolescents. It is the goal of the program to offer free services leading to better parenting and economic self-support for pregnant and parenting teens in need. Participant goals are to attend school and earn a high school diploma or GED, to prevent a second pregnancy, to improve parenting skills, to acquire skills related to employment and to reduce dependency on welfare. Anyone 17 years of age or younger who is a first time parent or pregnant for the first time can participate. There are no income guidelines for the program and all services are free.

Children’s Services Network
McDowell Technical Community College
54 College Drive
Marion, NC 28752
Phone: (828) 652-0648
Website: http://go.mcdowelltech.edu/csn.html

Children’s Services Network is a Free Child Care Resource and Referral Agency that is funded by Smart Start and the Division of Child Development. Children’s Services Network acts as a catalyst to increase the availability, affordability, and quality of child care in McDowell County by providing a link between parents, early childhood professionals, and the community.

ComServ, Inc.
Corporate Office
105 Scroggs Court
Morganton, NC 28680
Phone: (828) 438-6026
Website: https://www.comserve.org/

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in
inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities find jobs in the community. A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and is integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices, grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

Family, Infant and Preschool Program (FIPP)
Center for the Advanced Study of Excellence (CASE)
100 West Court Street
Marion, NC 28752
Phone: (828) 433-2661
Website: https://fipp.org/

The Family, Infant and Preschool Program serves in the capacity of a research and training institute as well as an early childhood intervention program for children (ages birth to five years), families, and women who are pregnant. This program is part of the J. Iverson Riddle Developmental Center (JIRDC) located in Morganton, NC. FIPP provides direct support to children and their families in Alexander, Burke, Caldwell, Catawba, and McDowell counties. The mission of the Family, Infant and Preschool Program is to promote the growth and development of young children by supporting and strengthening families and building caring, responsive communities. They provide early intervention services, parent education, pregnancy supports, neonatal intensive care follow-up, and work collaboratively with other community agencies to ensure evidence-based intervention for all young children and families.
Foothills Industries of McDowell County, Inc.
300 Rockwell Drive
Marion, NC 28752
Phone: (828) 652-4088
Website: http://www.foothillsindustries.com/

Foothills Industries of McDowell County is a manufacturing company located in Marion, North Carolina. As a Community Rehabilitation Program, it has been in operation since 1972. The mission of Foothills Industries is to provide vocational and life-skills training and employment for persons with disabilities in order to maximize independence and employment while providing quality products at competitive costs and on-time delivery to customers. Foothills offers 3 different Developmental Disabilities Services, Adult Day Vocation Program (ADVP), Community Alternative Program (CAP-IDD), and Compensatory Education and Adult Basic Education. Adult Day Vocation Program provides organized developmental activities designed to prepare the individual to live and work independently as possible. These include vocational evaluation and training, paid work, personal and community living skills development, adult basic education and long-term support. The Community Alternative Program is a special Medicaid community care funding source designed to give persons with Intellectual Development Disabilities a cost-effective alternative to care in an intermediate care facility. The goal is to allow individuals to return to and/or live in the community with as much independence as possible. McDowell Technical Community College supports staff positions who teach Compensatory Education Classes at Foothills Industries. These teachers help trainees with all phases of learning from obtaining a GED to basic self-help, independence and community living skills. Classes are open to eligible trainees who are enrolled for other services at Foothills.

J. Iverson Riddle Developmental Center
300 Enola Rd.
Morganton, NC 28655
Phone: (828) 433-2731
Website: https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-developmental-center

J. Iverson Riddle Development Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina’s Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral
challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation (help in developing functional living skills) and training to promote independence, self determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual’s responsible Local Management Entity/Managed Care organization (LME/MCO).

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**Kids Path – Hospice of the Carolina Foothills**

374 Hudlow Rd  
Forest City, NC 28043  
Phone: (828) 245-0095  
Website: [http://hocf.org/grief-counseling/kidspath](http://hocf.org/grief-counseling/kidspath)

Kids Path, a program sponsored through Hospice of the Carolina Foothills offers grief counseling for kids. As part of the Kids Path Program, formerly known as Rainbows, children who have lost a loved one can receive education and support individually or through groups at their schools. Kids Path staff, along with school counselors, teach students coping skills to help them process loss in a healthy way and learn to move forward despite the loss. Kids Path Day Camp was started in 1995. HOCF has offered a camp for children in the community who has lost a significant person in their lives. Formerly known as Camp Rainbows and Camp Erin, Kids Path Day Camp gives children and teens a day filled with fun activities that help them deal with grief. The camp is offered at no cost to children age 7 to 18 who live in the HOCF service area. HOCF service areas are Rutherford, Polk, McDowell, Cherokee, Greenville and Spartanburg Counties in North and South Carolina.

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**McDowell County Department of Social Services**

145 E. Court Street  
Marion, NC 28752  
Phone: (828) 652-3355  
Website: [http://www.mcdowellcountyncdss.org/](http://www.mcdowellcountyncdss.org/)

The Department of Social Services is responsible for implementing Federal and State human services programs. The mission of the McDowell County Department of Social Services is to respectfully assist families and individuals by helping them maintain, and/or enhance their quality of life; to prevent abuse, neglect, and exploitation of vulnerable people in the
community. Among Social Service’s income maintenance programs are the work first program, food and nutrition program, low income energy assistance program, Medicaid program and special assistance for adults. Among the service programs, Social Services administers adoptions, adult care home case management, adult services, case management, child support, community alternatives program for disabled adults, adult rest homes, general assistance, guardianship, in-home aide, hospital social work, JOBS program, permanency planning, placement services for adults and children, protective services for adults and children, representative payee, services for the blind, medical transportation and clerical support.

McDowell County Head Start and Early Head Start
2111 Sugar Hill Rd.
Marion, NC 28752
Phone: (828) 652-3229
Website: https://sites.google.com/mcdowell.k12.nc.us/mcsheadstartearlyheadstart

Head Start is a Federally funded, comprehensive early learning program that addresses education, nutrition, health and social service needs of low income children ages 3-5 and their families. Early Head Start is the infant/toddler program modeled after Head Start to serve low income pregnant mothers, infants and toddlers the same way that Head Start serves preschoolers and families. The mission for this program is to provide high quality, comprehensive preschool services for children zero to five that will serve the needs of family and community and prepare children for entry to public school.

McDowell County Health Coalition
408 Spaulding Rd.
Marion, NC 28752
Phone: (828) 659-6661
Website: http://mcdowellhealthcoalition.org/

The McDowell County Health Coalition is organized to enhance and promote community health by facilitating inclusive community partnerships, programs, preventative measures and outreach. Programs offered through this agency are: M.A.T.C.H Program, helping the community increase their access to care. The McDowell Access to Care and Health (MATCH) Program is a community-centered network designed to improve access to care, engage it’s participants in their physical, behavioral, and social health and utilize community resources in the best way possible. Other programs are the WorkFORCE Wellness Program, Build
Environment, Clinical Community Connections, Local Food Access and Awareness (Dedicated to increasing the amount of food available and affordable to county residents, especially low income) and Wellness Where You Are.

McDowell County Partnership for Children and Families
70 N Main St #3
Marion, NC 28752
Phone: (828) 659-2462
Website: http://www.mcdowellpartnership-smartstart.org/

The McDowell County Partnership for Children and Families is a non-profit organization led by local volunteers, designed to provide programs and services for families and children in McDowell County, NC. The McDowell County Partnership for Children and Families administers Smart Start funds from the state legislature to support programs to benefit children ages 0-5 and their families. They are a catalyst for bringing different groups together for the sake of the children. They educate the community on the critical needs of young children and helps develop solutions.

McDowell Mission Ministries
PO Box 297
Marion, NC 28752
Phone: (828) 659-6490
Website: http://www.mcdowellmission.com/

McDowell Mission Ministries is a Christian based ministry dedicated to impacting the lives of people in personal need by providing shelter, counseling, and practical economic assistance. McDowell Mission Ministries has two homeless shelters. The Friendship Home for Women and Children and the John Thompson Center for Men. Both homes serve an average of 61 residents per night, 365 days a year. The shelters provide hot baths, good meals, clean clothes and clean beds to everyone. The shelters also offer case management to residents to get back on their feet and into stable housing, obtaining a stable income, help with applications and resumes, encouragement and support with medical and healthcare concerns. The Crisis Ministry provides food and financial assistance for rent/mortgage, utilities, heat fuel, prescriptions and transportation on a funds available basis. Applications are taken on the first of each month. The clothing ministry at the McDowell Mission Resale Center provides low cost clothing,
furniture and appliances to the public. Proceeds from sale of good at the center are used for various ministries.

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**McDowell Pregnancy Care Center**

40 S. Main Street  
Marion, NC 28752  
Phone: (828) 652-7676  
Website: [http://www.mpccnc.org/](http://www.mpccnc.org/)

Established in 2003, McDowell Pregnancy Care Center exists to aid with situations in which a pregnancy creates a personal crisis. McDowell Pregnancy Care Center is a non-political, non-profit and 501c3 charitable organization supported primarily by churches with additional assistance from donations provided by individuals and businesses. Because of these funding resources, McDowell Pregnancy Care Center offers all services at no cost to clients. Services provided here are, pregnancy test, limited OB/GYN Ultrasound, Pregnancy Options Counseling, Maternity clothes, Baby items, earn while you learn classes, Ob-Gyn referrals, sexual integrity education, post abortion support and community resources.

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**McSmiles Preschool**

100 John Roach St.  
Marion, NC 28752  
Phone: (828) 442-4534  
Website: [https://mcdowell.k12.nc.us/apps/pages/index.jsp?uREC_ID=343858&type=d&pREC_ID=751111](https://mcdowell.k12.nc.us/apps/pages/index.jsp?uREC_ID=343858&type=d&pREC_ID=751111)

McSmiles Preschool is a free service to all McDowell County Children who will be 3 or 4 by August 31. There are no financial requirements for eligibility. Classes are filled on a first-come basis. Classes meet 2 times a week for 1 hour and 45 minutes during regular school year. McSmiles meets in area churches and elementary schools in the county. Transportation is not provided to and from class therefore it is the parent’s responsibility. McSmiles provides a valuable service to the children. A teacher and assistant work with up to 14 children at a time, and the goal of the program is to provide fun activities to help children master the social and academic skills that lead to future school success.
Support Solutions provides services in North Carolina through North Carolina Outreach (NCO), a local provider acquired by Support Solutions in 2013. NCO offers services under the Home and Community-Based waiver program called Innovations, or State-funded program. Participants in the Innovations program must meet criteria of intellectual disabilities and be Medicaid eligible. NCO is authorized to provide IDD services in these Western North Carolina counties; Ashe, Avery, Buncombe, Haywood, Henderson, Madison, McDowell, Mitchell, Watauga and Yancey. Services provided through this program are: Intellectual/Developmental Disability Services, Private Treatment Provider, Department of Social services, Alternative Family Living, Community Living and Supports, Community Networking, Crisis Services, Day Support, Respite, Specialized Consultation Services, and Supported Employment.

New Hope of McDowell.
P.O. Box 1572
Marion, NC 28752
Phone: (828) 652-8538
Website: https://www.facebook.com/newhopeofmcdowell/

New Hope of McDowell is a non-profit Domestic Violence and Sexual Assault Agency. This agency is McDowell County’s only Domestic Violence and Sexual Assault Agency. The agency provides emergency shelter, assistance with restraining orders, court advocacy, emergency food boxes, 911 cells phones, domestic violence assessments, and more. Family Services of McDowell operates two stores, Fabulous Finds located on East Court Street and Fabulous Finds and Gifts located on Rutherford Road which helps to fund New Hope of McDowell. These stores serve as an outreach for victims to learn more about services that are provided through New Hope of McDowell.

Olive Hill Community Economic Development Corporation, Inc.
200 C College St.
Morganton, NC 28655
Phone: (828) 475-4620
Website: https://www.facebook.com/OliveHillCEDC
Olive Hill Community Economic Development Corporation (OHCEDC) is a private non-profit corporation founded in 1998 to provide solutions to distressed residents located in Burke, Caldwell, Catawba and McDowell Counties. Their Mission is “To positively impact the social, physical, educational and economic environment of area families and individuals with asset building opportunities.” Efforts of concentration are in Affordable Housing (ownership and retention) programs, micro-enterprise development and business ownership, financial services and other asset building opportunities.

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**Operation Backpack**

Alternative Education Center
176 Lukin Street
Marion, NC
Morganton, NC 28655
Phone: (828) 652-4535 ext. 106
Website: [https://mcdowell.k12.nc.us/apps/news/article/890920](https://mcdowell.k12.nc.us/apps/news/article/890920)

Originally organized in 1998, the goal of Operation Backpack is to outfit all underprivileged children in McDowell County Schools with a new backpack and school supplies. Majority of supplies are distributed a few weeks before school starts however Operation Backpack is a year-round event. Supplies given to students include but not limited to: backpacks, 3 ring binders, notebook paper, spiral notebooks, pocket folders, erasers, ballpoint pens, pencils, colored pencils, crayons, glue (bottles and sticks), ruler, safety scissors, markers and pencil boxes/pouches. Distribution and collection of supplies are at the Alternative Education Center.

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**Partnership for Children of the Foothills**

338 Withrow Road
Forest City, NC 28043
Phone: (828) 245-8673
Website: [http://www.pfcfoothills.org/](http://www.pfcfoothills.org/)

With support from NC Smart Start Initiative, Partnership for Children of the Foothills serves McDowell, Polk and Rutherford Counties, providing programs for children ages 0-5 and their families in the areas of child care, education and family support. The Partnership for Children builds and sustains relationships with community agencies and service providers, offering creative and unique programs for preschool children and their families, licensed child care centers and family child care homes. Benefits of the program include: improved child care
quality, affordable care options, increased accessibility, enhanced health education and network of family support services.

Region 9 Child Care Resource and Referral (CCR&R)
734 Salisbury Rd.
Statesville, NC 28677
Phone: (704) 878-9980
Website: http://region9ccrr.org/

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

Rutherford Polk McDowell District Health Department
221 Callahan Koon Road
Spindale, NC 28160
Phone: (828) 287-6100
Website: http://rpmhd.org/

The Rutherford Polk McDowell District Health Department is a public health agency dedicated to serving the citizens of three counties; Rutherford, Polk and McDowell. The Rutherford Polk McDowell District Health Department is responsible for protecting and improving the public’s health, promoting healthy and active lifestyles while preventing the spread of disease. Services they provide are, environmental services, emergency preparedness, community health assessment and improvement plan, Pregnancy Care Management (MCC or Baby Love) and Women Infant and Children (WIC).

Salvation Army – Greater Hickory/High Country Regional Coordinate
Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It’s mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coast to children in need. The Salvation Army of Hickory operates 9 Family Stores in its service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community. Through the Salvation Army Boy’s & Girl’s Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.

Southmountain Children and Family Services
110 West Union Street
Morganton, NC 28680
Phone: (828) 584-1105
Website: https://www.southmountain.org/

Since 1903, child advocacy and foster community specialist Southmountain Children and Family Services has been providing exceptional care for children and families in North Carolina. Headquartered in Morganton, NC, Southmountain Children and Family Services operates the state’s first and only foster community with 5 children’s advocacy centers and Evidence-based
Treatment Centers serving Avery, Burke, McDowell, Mitchell, Transylvania, Watauga and Yancey Counties. Their goal is to give children and families hope for their futures with the opportunity to experience successful accomplishments and fulfillment of their dreams.

YMCA of Western North Carolina - Nutrition Outreach
Corpening Memorial YMCA
348 Grace Corpening Dr.
Marion, NC 28752
Phone: (828) 659-9622
Website: https://www.ymcawnc.org/nutrition

The YMCA of Western North Carolina is a 501©(3) not-for-profit social services organization dedicated to Youth Development, Healthy Living and Social Responsibility. In 2013, YMCA of Western NC began a nutrition department to distribute healthy food, teach good nutrition habits and do cooking demonstrations in Buncombe, Henderson and McDowell counties. The YMCA of Western NC serves as a sponsoring organization for two federally-funded, state-administered nutrition programs: The Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP). CACFP is a federally funded program administered and funded by the USDA’s Food and Nutrition Service. The program ensures that eligible children and adults who attend qualifying facilities receive nutritious meals. As a sponsor for CACFP, the YMCA of WNC serves free snacks at 27 of afterschool sites in Buncombe and McDowell counties. The SFSP ensures that low-income children continue to get nutritious meals when school is not in session. The YMCA of WNC is a SFSP sponsor and serves summer day camp sites and several open distribution sites in the community. Another program of YMCA of WNC is the Nutrition Outreach Hub. Each week, the nutrition team is in the community distributing from one of the three mobile units or from the Healthy Living Pantry. Each distribution is paired with healthy recipes, a practical cooking demonstration and valuable nutrition information. Distributions are free and open to the public.