



<https://www.fsnhope.org/>

## **Cov Npe thiab Kev Pabcuam Nyob Hauv Lub Nroog Catawba**

Cov koomhaum chaw pabcuam nyob rau hauv phauntawv no yog kho los ntawd FSN/Hope cov neeg ua haujlwm pab kho thiab txhais los pab rau koj kom paub txog lawv cov kev pabcuam nyob hauv koj lub nroog kom pab tau koj thiab koj tus menyuum txojkev xav tau. Family Support Network/HOPE tsis yog qhov chaw uas xa koj mus (referrals) thiab peb tsis koomtes nrog lawv. Yog koj ho txiavtxim siab siv lawv thiab vam khom txog lawv txojkev pabcuam, ntawd yog nyob ntawm koj. Muaj qee yam nyob rau hauv cov koomhaum no yuav muaj kev pab tsis tag nyob rau hauv lub nroog uas koj nyob. Yog li ntawd, peb yuav pab kho kom raw li qhov peb paub (up to date). Yog koj muaj lus nug los yog xav paub ntxiv hu xovtooj tau rau peb (828) 256-5202 los yog email [vickiedieter@fsnhope.org](mailto:vickiedieter@fsnhope.org) Ua tsaug



Office of Special Education Programs

These materials were developed under a grant from the US Department of Education. However, the materials do not necessarily represent the policy of the US Department of Education, and you should not assume endorsement by the Federal Government.

**A Caring Alternative**  
301 East Meeting Street  
Morganton, NC 28655  
Phone: (828) 437-3000

Website: <https://www.caringalternative.com/>

A Caring Alternative, LLC (ACA) yog ib lub chaw pab thiab saib xyuas txog cov neeg uas muaj teebmeem hais txog txojkev haus yeeb, thiab siv tshuaj rau cov laus thiab menyuam hluas nyob rau hauv lub lav North Carolina sab hnuvpoob. Qhov kev pabcuam no yog rau cov tsevneeg uas nyob rau cov nroog xws li (Buncombe, Burke, Caldwell counties). Qhov kev pab no yog qhia nyob rau hauv tsev kawmntawv thiab tsevneeg kom paub sib koomtes, thiab mus koom nrog lwm tus (Integrated Care, Group therapy) uas muaj teebmeem ib yam li yus. Lawv yuav pab tsomkwm thiab siab xyuas (focused) nrog tus neeg uas muaj teebmeem txog haus yeeb thiab siv tshuaj tham lossis qhia txog nws tus chwjpwm rau nws tus txiv, los yog tus pojniam thiab leej Txiv, leej Niam hais tias lub sijhawm nws siv tej tsuaj ntawd nws tus cwjpw zoo licas. Lawv yuav muaj kev pab kom tus neeg muaj teebmeem no yoo tau, muaj kws khomob thiab muaj tshuaj pab rau nws. Txojkev pab no yog nyob rau hauv cov nroog (Buncombe and McDowell Counties) tabsis cov tsev khomob uas yuav pab no tsuas muaj nyob rau hauv ob lub nroog xwb, xws li Burke thiab Catawba xwb. Lawv yuav npaj kho thiab koomtes nrog koj tsevneeg.

---

### **Blue Ridge Community Action**

800 N Green St

Morganton, NC 28655

Blue Ridge Community Action, Inc. (BRCA) Lub koomhaum no yog los pab neeg dawb xwb. Lawv twb muaj thiab tswmsim los thawm 1965, lub koomhaum no yog los pab rau cov neeg txomnyem nyob rau cov nroog xws li Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Rutherford, Stanly and Union Counties. Lawv muaj kev pab zov rau cov neeg laus thiab cov menyuam yaus. Ntxiv mus lub chaw Weatherization Assistance Program no yog lub xa zaub mov uas ua siav lawm rau cov neeg raws li hais saum no noj. Lub Head Start, HARRP no kuj pab them nqi hluavtaws xob (heating/air conditioning) rau tej yim neeg uas muaj nyiaj tsis txaus them lawv cov nqi. Lub Early Head Start no kuj koomtes nrog rau lub tuamtxhab Duke Energy pab them nqi hluav taws xob rau tej pejxeem uas lawv pab tsis tau lawv tus kheej, thiab yog cov uas ua Pog thiab niamtais, yawmtxiv, los yog yawg tau tu xeebtxwv uas yog menyuam ntsuag es tsis muaj nyiaj txaus them nqi tsev, lub Early Head Start no kuj pab them mentsi rau lawv thiab pab cob qhia cov menyuam nrhia haujlwm rau lawv ua.

## **Catawba County Department of social Services**

25 Government Drive  
Newton, NC 28658  
Phone: (828) 465-8200

Website: <http://www.catawbacountync.gov/county-services/social-services/>

Catawba County Department of Social Service's lub homphiaj yog los pab txhawb rau cov pejxeem lub meemmom thiab txojkev sib pab, sib hwm sawvcev rau ibleeg ib tug, thiab kom sawvdaws muaj chaw vamkhom. Lub koomhaum no sibzog ua haujlwm los pab daws teebmeem rau cov neeg ua lawv pab tsis tau lawv tus nkeej, thiab pab txhawb lawv rau ntawv lub neej, nrhiav hawjlwm rau lawv ua, pab tivthaiv cov menyuam yaus uas raug tso tseg, cov laus uas nraug tximtxom. Pab nrhiav tsev rau cov menyuam tsis tau muaj hnuv nyoog kom muaj chaw nyob thiab muaj neeg laus saib xyuas xws li lawv hu ua niam qhuav txiv qhuav. Pab rau cov neeg laus thiab cov uas pab tsis tau lawv tus kheej kom muaj chaw nyob kom ruaj khov. Lub nroog Catawba DSS kev pab yog: Txhawb rau Tsevneeg, (pab nrhiav chaw zov menyuam, thiab nyiaj muas noj ( food stamp), Medicaid thiab Child support pab rau tsevneeg. Kev pabcuam rau cov neeg laus yog (Medicad, kev saib xyuas lawv thiab kev pab tu lawv xws li pab ua noj, tu vajtse thiab saib xyuas lawv) Kev noj haus pab rau cov laus yog ( zaub mov uas ua siav lawv pub rau lawv noj txhuad tagkis lub sijhawm sawv ntxov) Kev pabcuam rau tsevneeg thiab menyuam (pab tivthaiv, thiab pab saib xyuas cov menyuam yaus, thiab pab ntaus tswvyim thiab txhawb rau pejxeem) Ua Txivqhuav thiab niamqhuav txais cov menyuam raug tsotseg los tus (Lawv muaj kev cobqhia thiab pab ua ntaub ntawv rau cov yimneeg uas xav pab txais cov menyuam raug tsotseg no los tu, Kev pab tomqab sau cov menyuam raug tsotseg, Kev pab txhiv kho thiab cob kom lawv thiab lawv tsevneeg rov los sibcuag, kom muaj tsheb thiab Medicaid rau lawv siv.

---

## **Catawba County Partnership for Children**

738 4<sup>th</sup> Street SW  
Hickory, NC 28602  
Phone: (828) 695-6505

Website: <https://catawbakids.com/>

Lub roog Catawba muaj kev koomtes pab rau cov menyuam yaus kev kawmntawv nyobze ib nceebtsam hauv lub nroog Catawba, pab pejxeem saib xyuas kev kawmntawv thiab npaj rau cov menyuam kom thaum txog lub sijhawm lawv pib mus kawmntawv lawv thiaj li kawm tau zoo. Los ntawm lub xeev NC pab nyiaj rau qhov chaw Smart Start tes dejnum rau lub xeev NC Pre-Kindergarten kom muaj kev kawm, muaj lub chawd qiv ntawv hu ua Imagination Library, thiab lawm yam kev cobqhia early childhood uas sawvdaws sibzog koomtes sib pab txhawb rau cov menyuam yau no thiab rau lawv tsevneeg. Qhov kev pabcuam no yog los txhivkho siab xyuas pab txhawb rau txojkev kawm kom zoo rau cov menyuam thiab pab rau tus nqi kom cov niamtxiv them tau, thxawb pab rau tsevneeg thiab niamtxiv muaj kev cobqhia kom muaj feem kawm thiab paub pab txhawb rau cov xibfwb qhia ntawv rau cov menyuam txoj kev kawmntawv. Lawv nrhiav kev tsim kho txojkev kawm kom yoojyim thiab txhawb rau lub chaw qhia ntawv kom mus tau zoo pab rau cov menyuam yaus no.

## **Catawba County Public Health**

25 Government Drive

Newton, NC 28658

Phone: (828) 465-8200

Website: <https://www.catawbacountync.gov/county-services/public-health/>

Lub nroog Catawba Public Health lub homphiaj yog los txhawb, tivthaiv thiab pab rau kev nojqab haushuv rau lub nroog thiab zejzrog thiab los teb pejxeem tejlus nug uas lawv xav tau, thiab muaj kev pabcuam, tsimtsa ib txojcai kev koomtes pab rau cov uas ua niam thiab txiv qhuav. Lub nroog Catawba Public Health muaj kev pabcuam thiab cobqhia pab rau ntau haivneeg thiab ib leeg ib tug, pab txhim kho tsevneeg nyob rau hauv lub zejzrog, kev pabcuam nyob rau hauv lub nroog Catawba Public Health yog, muaj chav ntxuamxyuas kho mob rau cov laus, kev saib xyuas cov menyuam, txhuaj xyuas cov kis tau kabmob phem, pab txhawb rau cov saib xyuas menyuam yau (early Childhood). Cov saib rau kev haushuv, muaj txhajtshuaj tivthaiv kabmob (immunization) muaj chaw ntxuam xyuas rau cov pojniam cev tsis tabseeb, saib xyuas tus pojniam toqab nws dawscev thiab tus menyuam mos, thiab muaj tshuaj pab tswj kom pojniam tsis txhob muaj menyuam tuab..tuab. Lawv kuj muaj npaj pub rau cov ua muaj khoom muag (Farmers Market) khw tshavpuam. Muaj kev pab saibxyuas rau cov menyuam kawmntawv, muaj check-mis(WIC) pab rau cov pojniam nrog menyuam mos hnuv nyoog tseem yau xws li menyuam mosliab thiab cov 4 xyoo rov los.

---

## **Catawba County Transportation (Western Piedmont Regional Transit Authority)**

1515 4<sup>th</sup> St. S.W.

Conover, NC 28613

Phone: (828) 464-9444 (Demand Response, Flex Route)

(828) 465-7634 (Fixed Route Bus Information)

Website: <http://mygreenway.org/>

Greenway yog ib lub chaw uas muaj cov tsheb(bus) khiav pab rau pejxeem uas tsis muaj tsheb los yog muaj nyiaj tsis txaus yuav ib lub, lawv cov tsheb (bus) no khiav ncig cov zos xws li Conover, Hickory thiab Newton. Lawv kuj muaj qho lub khiav ncig rau lub zos Taylorsville lawm, nyob rau hauv lub nroog Burke kuj muaj ob peb lub khiav ncig cov zos xwsl (Morganton, Drexel, Valdese, Rutherford College). Tamsim no los yeej tseem muaj cov tsheb no tsis tau txaus khiav pab rau cov pejxeej hauv cov nroog xws li Alexander, Burke, Caldwell thiab Catawba no, lawv yeej tseem xav kom tsoomfwv pab kom muaj cov tsheb no ntxiv.

## **Catawba Habitat for Humanity**

772 4<sup>th</sup> Street SW

Hickory, NC 28603

Phone: (828) 328-4663

Website: <http://habitatcatawbavalley.org/>

Lub chaw Habitat for Humanity hauv lub nroog Catawba no twb pib muaj nyob thaum 1985 los lawm, lawv yog ib lub chaw ruaj khov uas tsis tau nyiaj pab (nonprofit), cov neeg ua ntseeg Vajtswv(Christian) nyob rau hauv lub nroog Catawba cov zejzog yog cov sib koomtes thiab rau siab sib pab nrog lub chaw no kho ib txhia yimneeg cov vajtsev dua tshiab, tsim cov vajtsev no kom muaj kev nyabxeeb (safe), thiab ua kom ib txhia pejxeem uas lawv ua haujlwm tabsis nyiaj tsis duav los pab them tej nujqi. Lub chaw Habitat teeb muaj koomhaum pab cov pejxeem nyob hauv lub nroog Catawba kom lawv muaj chaw mus koom pe hawm nrog cov churches uas koomtes pab ua haujlwm kho vajtsev ua ntuzus rau lub zejzog. Ua tsaug rau cov chaw thiab cov churches uas koomtes pab lub chaw Habitat thiab lub zejzog pab kho thiab ua tau li 165 ib xyoo twg lub tsev nyob rau hauv lub nroog Catawba.

---

## **Centro Latino – Hickory**

Catawba County Hispanic Ministry

2259 12<sup>th</sup> Ave NE

Hickory, NC 28601

Phone: (828) 330-0477

Website: <https://www.centrolatinohickory.com/>

Catawba County Hispanic Ministry (Centro Latino) provides a Christian response to the needs of Latinos in the community and seeks to bridge the cultural gap between Spanish and non-Spanish speakers through outreach, advocacy and training. Since 1999, Centro Latino has been helping Hispanic newcomers incorporate successfully into the community. More than 500 students have been successful and overcome both social and language barriers in school. More than 800 families each year are assisted by at least one of the services provided at Centro Latino. Services provided by Centro Latino are: client services, after school programs, immigration, and ESL.

Client Services is handled by the Director of Client Services. She handles telephone calls, walk ins and appointments for questions or problems clients have. Services included with client services are: translation, interpretation, notary public, assistance with affordable healthcare, referrals as needed (physicians, dentist, lawyer, social service, government agencies), and police (immigration). Centro Latino offers an after school program call, Opening Doors which functions from 3:00 to 6:00 PM, Monday to Thursday. This program provides homework assistance and literacy instruction for at-risk students in grades K through 8. The program has experienced community tutors from Lenoir-Rhyne University to work one-on-one with students. There is a \$25 charge per student, per month. Centro Latino has an accredited representative with the Department of Justice Office of Legal Access Programs that assist with all types of immigration needs including Fiancée Petition, Freedom of Information Act, Alien Card,

Deferred Action for Childhood Arrivals, Violence against Women Act Petitions, application for employment authorization, naturalization, application of citizenship certificate, fingerprints, passports and others. Centro Latino has established alliances with local immigration attorneys who can help with legal needs that are beyond the scope of the Centro Latino representative. English as a second language (ESL) gives new immigrants confidence to succeed, improve their grammar and allow them to learn in a comfortable and friendly environment. Centro Latino offers ESL classes to families in the community. Other programs are intermittently available and depends on the availability of staff and interest of clients. These are, Spanish for business, Diversity training, knitting classes, parenting classes and know your rights.

---

### **Children’s Advocacy & Protection Center of Catawba County**

4360 County Home Rd.

Conover, NC 28613

Phone: (828) 465-9296

Website: <http://catawbacountycapc.org/capc/>

Lub chaw Children’s Advocacy & Protection koomhaum nyob hauv lub nroog Catawba muaj tswmsim thiab tsim los pab rau cov pejxeem, lawv pab tsim kho thiab pab tivthaiv rau cov menyuam uas raug tsimtxom thiab raug tsotseg. Lub chaw Children’s Advocacy & Protection no lub homphiaj yog los cobqhia thiab tivthaiv cov menyuam uas nyob hauv lub nroog Catawba, lawv ua haujlwm thiab txhawb rau ibleeg ibtug menyuam, cobqhia thiab txhawb rau lawm kev kawmntawv. Lawm muaj cov neeg ua haujlwm uakev sib koomtes kom muaj kev pabcuam rau cov menyuam raug tsimtxom thiab raug tsotseg no kom tsuas yuav muaj tsawg zuzus rau txojkev tsimtxom no.

---

### **Children’s Resource Center**

738 4<sup>th</sup> St SW

Hickory, NC 28602

Phone: (828) 695-6565

Spanish: (828) 695-6515

Website: <https://childrensresourcecenter.org/>

Lub chaw Children’s Resource yog ib lub koomhaum pab dawb thiab lawv xa tawm mus rau lwm lub koomhaum(Referral). Lub chaw Children’s Resource yog ib lub koomhaum qhib thiab ua haujlwm txij thaum 1995. Lawv yog ib lub chaw uas yog tsis tau nyiaj los ntawm qhov twg los (non-profit) tsuas yog lub koomhaum Smart Start, lub chawd Division of Child Development thiab Early Education thiab lwm lub koomhaum kawm-ntawv yog cov pab nyiaj kom lawv lub chaw dhia tau haujlwm xwb. Lub chaw Children’s Resource no pab thiab txhawb rau txojkev kawmntawv rau cov niamtxiv thiab qhib kom muaj chaw pabcuam rau cov pejxeem, lawv muaj chaw pab txog kev tu metub menyuam thiab lwm yam kev cobqhia uas hais txog tej menyuam thiab lawv tsevneeg.



**Com Serv, Inc. Corporate Office**  
101 Scorggs Court  
Morganton, NC 28655  
Phone: (828) 438-6026  
Website: <https://www.comserv.org/>

ComServ, Inc yog ib lub koomhaum pab rau tus tibneeg thiab nws tsevneeg kom muaj kev nkagsiab txog txojkev ntawm disabilities kom sawvdaws paub sib pab sib txhawb rau tus neeg uas muaj disability, thiab txhawb nws kom paub txiav txim rau nws tus nkeej mus koom nrog lwmlleeg leejtus uas muaj disabilities nyob rau ib cheevtsam hauv zejzog. Comserv, Inc. muaj kev pabcuam nyob rau cov nroog no Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, thiab McDowell county. Lawv txogkev pab no yog kom muaj ib tug neeg (Assistance) uas paub txog thiab txawj pab tus neeg uas muaj disabilities kom paub tu nws tus nkeej txhuas hnuv, kev noj qav haushuv, lawv yuav pab rau nws kom txog thaum nws 21 xyoos, lub lav uas koj nyob mam li them nyiaj rau tus neeg no. Ib qho kev pab ntxiv yog los ntawm Medicaid yog qualify, thiab yog tias tus neeg no tsis muaj disabilities thaum hluas, es nws ho muaj rau yam laus, muaj qee lub tuamtxhab uas nws hawjlwm nrog mamli pab them ib nrab. Chaw pab muaj ntxiv yog (CAPTG) Delvelopmental Day Care Center nyob rau hauv lub nroog Lincolnton, NC. Lub chaw no pab saib xyuas thiab zov menyuam uas muaj hnuv nyoog 1 mus txog rau 5 xyoos, thiab lawv muaj Summer program rau cov menyuam hluas uas muaj 18 xyoo rov los. Lub koomhaum no pab nrhia chaw rau cov menyuam yaus (pres-school) lawv qhia thiab cob cov menyuam kom paub txog txojcai thiab kev kawmntawm, Lub Comserv no yuav nrhiav thiab pub pejxeem xaiv txojkev pab rau lawv tus menyuam ua muaj disabilities kom haum rau lawv tus menyuam. Muaj dua ib lub chaw rau nej xaiv yog ICF/IDD lawv yuav pab saib xyuas cov menyuam no tau 24 sijhawm thiab muaj neeg ua haujlwm hauv no yuav teb tau koj tej lus nug txhua lub sijhawm.

## **Council on Adolescents of Catawba County**

1120 Fairgrove Church Rd, Suite 22

Hickory, NC 28602

Phone: (828) 322-4591

Website: <https://www.coacatawba.org/>

Lub chawd Council on Adolescents nyob hauv nroog Catawba lub homphiaj rau niajnub nimno yog los pab rau cov hluas txojkev xav thiab txhawb rau lawv kom muaj kev txaus siab rau lawv tus kheej thiab txog txojkev kawmntawv. Lub koomhaum txojkev pab rau cov hluas, yog cob qhia lawv niam thiab txiv kom lawv paub Ntaus Phoojywg nrog lawv cov menyuam muaj mus noj mov sib tham uake, nrog lawv cov tub thxhais hluas tham txog txojkev kawmntawv. Lub koomhaum hu ua Lunch Buddy yog ib lub saib xyuas thiab tsomkwm cov Tsev kawmntawv nyob rau hauv lub nroog Catawba cov tsev kawmntawv, Lub zos Hickory Tsev kawmntawv, thiab Lub zos Newton-Conover Tsev kawmntawv. Lub koomhaum no tsim los pab rau cov tub thxhais kawmntawv ua muaj feem kawmntawv zoo kom lawv txawj ua ib tug qauv zoo rau lwm tus menyuam uas kawmntawv nrog lawv. Lub koomhaum Lunch Buddy tsimtsa kev cobtxawj rau cov tubthxhais hluas kom lawv muaj kev kawm paubzoo lawv thiaj li muaj tus cwjpw zoo, lawv muaj cov neeg uas lawv hu ua tijlaug los yog niamlaus cobqhia nyob rau hauv lub koomhaum no yuav siv ib limtiam ib zaug los nojsu nrog cov menyuam kawmntawv thiab nrog lawv tham ua ntuszus mus kom ntxwm xyoo. Cov neeg no tuaj pab dawb xwb lawv raug cob qhia thiab kawm tawm los, lawv txojkev kawm yog kom los paub cov menyuam tus cwjpw thiab txawj sib tham nrog cov menyuam kawmntawv no. Ua ntej lawv yuav tua pab rau cov menyuam no, lub koomhauv yeej saib thiab tshawb fawb lawv li keeb kwm (background checks) yav dhau los rau tus cob qhia no. Lub koomhaum Smart Moms & Dads no tsim los muab kev txhawb rau cov txhais hluas ua cev tsis tabseeb thiab tabtom yuav los ua ib leej niam nyob rau hauv lub nroog Catawba. Ntxiv mus Smart Moms & Dad koomhaum no kuj pab tswj thiab txhawb rau cov xeev nrog rau cov tsev kawmntawv thiab lub Hickory High thiab lub zos Hickory txoj kev kawm, thiab cov tsev kawmntawv hu ua Arts Magnet(HCAM). Kuj muaj lub chaw hu uas Teen Talk pab rau cov hluas thiab, lub no yog tsim los pab tswj thiab nrog lawv tham txog txojkev sib deev uas yuav kis tau kabmob phem, lawv pab qhia kom cov hluas no txawj tivthaiv ibleeg ibtug thiaj yuav pab tau lawv thiab kom txojkev muaj kabmob no tsuas muaj tsawg zuzjus xwb. Lawv kuj muaj pab cobqhia cov txhais hluas tivthaiv nws tus kheej txog kev xeebtub nyob rau hauv lub nroog Catawba. Lawv muaj kev pab rau cov tsev kawmntawv xws li middle thiab high lawv muaj ntaubntawv, kev txhawbzog thiab muaj kev cobqhia nrog rau cov niamtxiv thiab menyuam no. Lawm muaj kev sib tham, sib koomtes pub pab rau cov hluas no kom muaj kev mus koom nrog lwmleej lwmtus hluas nyob hauv yus lub zejzog. Lub Koomhaum Adolescent no twb muaj kev pab thiab cobqhia txojkev no rau cov hluas tau li 7,000 leej tus hluas nyob rau hauv lub nroog Catawba lawm. Nyob hauv tsev kawmntawv thoobplaus hauv lub lav NC lawv yeej muaj tej kev cobqhia no ua ntu zus pab tswvyim rau cov menyuam kawmntawv no kom lawv paub tivthaiv txog txojkev sibdaj sivdeev no kom ntxov li ntxov tau nyob li grade 7<sup>th</sup>-9<sup>th</sup> tabsis tshwjxeeb yog cobqhia rau cov menyuam pib nyob grade 5<sup>th</sup> thiab 6<sup>th</sup> kom lawv xub paub ua ntej, qhov no thiaj li yuav pab tau lawv thawm lawv mus rau qib siab mentsi. Cov xibfwb yeej muaj tejkev cobqhia no pub pab rau cov niamtxiv thiab lawv cov menyuam.



## **Eastern Catawba Cooperative Christian Ministries**

245 East N Street

Newton, NC 28658

Phone: (828) 465-1702

Website: <https://www.ecccm.org/>

Lub chaw Eastern Catawba Cooperative Christian Ministries yog tsimtsa los pab rau ibleeg ibtug lubcuab lubyig los ntawm kev puas ntsoog los yog muaj nyiaj tsis txaus pab lawv tsevneeg, lub koomhaum no pab tej yimneeg kom tsimnyog li lawv pab tau kom dim lawv tej teebmeem. Kev pab yog cobqhia tej yimneeg no txog kev sivnyiaj thiab tsimtsa ib lub hausphiaj pab rau lawv txog kev sivnyiaj lawv thiaj li tsis ntsib txojkev tshaibplab ntxiv rau yav pemsuab. Tus thawjcoj ntawm lub chaw no yeej saib ntsoov thiab pab teeb homphiaj rau cov yim neeg no kom lawv paub siv nyiaj thiaj li duav. Lub chaw East Catawba Cooperative Christian Ministries pab tagnrog cov zos uas nyob sab hnuv tuaj xws-li Hickory, Conover, Newton, Vale, Maiden, Claremont, Catawba, Sherrills Ford, Denver thiab Terrell. Lub chaw no pab rau cov yim neeg ua muaj xwmntxeej xws li mentsis nyiaj pab rau lawv them qhi tsev, nqi hluavtaws xob, nqi roj, los yog kerosene thiab nqi tshuaj, Ntxiv mus ECCCM pab zaub mov noj los yog kaubncaws rau cov yim neeg ua lawv tsis muaj nyiaj txaus, lawv qhov kev pab no yog rau cov neeg uas poob haujlwm, tabtom nrhiav haujlwm los yog muaj mob mus ua tsis tau haujlwm. Yog leej twg xav tau txais txojkev pab hu mus nrog lawv tham.

---

### **Family Care Center**

2875 Highland Ave. N.E.

Hickory, NC 28601

Phone: (828) 324-9917

Website: <https://www.familycare-center.org/>

Lub chaw Family Care Center of Catawba Valley, Inc. yog ib lub chaw 501 c 3 ua tsis tau nyiaj (nonprofit). Lawv txojkev pab yog rau tej yim neeg uas lawv muaj menyuam yau nyob nrog lawv tabsis tsis muaj vajtsev thiab tabtom nrhiav tsev. Lawv pab plig tug neeg uas tabtom ntsib txojkev nyuabsiab no kom lawv muaj kev ciasiab thiab cob qhia lawv txog lub neeg kom lawv paub ruajsiab thiab paub ntseeg lawv tus kheej. Lub chaw Family Care Center no twb tshwmsim thiab qhib thawm xyoo 1988 los lawm. Lub chaw Family Care no muaj 19 lub tsev nyob rau hauv lub nroog Catawba Valley thiab pab tau li 70 yimneeg thiab nrog 100 tus menyuam ib lub xyoo twg

**Family, Infant and Preschool Program (FIPP)  
Center for the Advanced Study of Excellence (CASE)**

300 Enola Road  
Morganton, NC 28655  
Phone: (828) 433-2661  
Website: <https://fipp.org/>

Lub koomhaum Family, Infant thiab Preschool txojkev pabcuam nyob rau hauv lawv qhov chaw no yog los tshawbfbw thaib muaj kev cobqhia rau cov menyuum yau hnub nyoog thaum yug mus txog 5 lub xyoo, thiab pab rau cov tsevneeg thiab pojniam uas cev tsis tabseeb. Lub chaw no yog ib feem ntawm J. Iverson Riddle Development Center (JIRDC) nyob rau hauv lub zos Morganton, NC. Lub (FIPP) musj kev pab cuam thiab txhawb rau cov yim neeg nrog rau lawv cov menyuum hauv cov nroog no Alexandra, Burke, Caldwell, Catawba, thiab McDowell. Lub chaw Family, Infant thiab Preschool no lub homphiaj yog nrhiav kev pab thiab txawb rau cov menyuum mos-ab mus rau cov uas hnub nyoog tseem yau rau lawv txojkev loj hlob kom muaj zog zoo thiab muaj kev cobqhia rau lawv tsevneeg kom paub tu thiab txhawb rau lawv cov menyuum nyob hauv lub zejzog. Lawv muaj kev pabcuam thiab cobqhia cov niam txiv thaum ntxov, kommuaj kev koomtes nrog lwm lub koomhaum thiab pab lub zejzog kom muaj kev koomtes nrog cov povthawj cobqhia txhua tus menyuum yaus thiab txhawb rau cov pojniam cev xeeb tub kom lawv muaj kev kawm thiaj paub saib xyuas lawv cov menyuum thawm yug los.

---

**Greater Hickory Cooperative Christian Ministries**

31 1<sup>st</sup> Ave SE  
Hickory, NC 28602  
Phone: (828) 327-0979  
Website: <https://www.ccmhickory.com/>

Lub chaw Great Hickory Cooperative Christian Ministry (GHCCM) no twb pib txijhawm 1969 los lawm, lawv pab cov pejxeem ib cheebstam hauv lub nroog Hickory thiab pab cawm rau tej txhaiv yimneeg ua tsis muaj nyiaj txaus los yog tsis muaj vajtsev nyob (homeless) thiab them tsis tau lawv li nqitsev. Lub chaw (GHCCM) no txojkev pab yog raws li lawv txojkev ntseeg thiab pub lawv lubcaij nyoog daws xwb. Lawv pab teeb homphia rau cov pejxeem uas vamkhom txog lawv, Feem ntau yog rau cov uas xav tau txais kev pab them lawv cov nqi hluav taws xob, nqi tsev. Lawv pab nplig rau cov muaj teebmeem txog txojkev nojqab haushuv thiab pab teeb homphiaj rau cov uas muaj teebmeem txog kev quav yeeb, quav tshuaj, muaj teebmeem txog ntawm lub cuab lub yig thiab noj tsis qab nyob tsis zoo. Tshwjxeeb yog rau cov ib txhais yimneeg uas muaj metub menyuum nrog lawv es ho tsis muaj chaw nyob ruajkhov thiab muaj kev nyuabsiab txog lub neej.

Dua li ntawd lub koomhaum GHCCM kuj muaj lwm yam kev pabcaum xwsli zaub mov pub pab rau ib txhia yimneeg uas muaj nyiaj tsis txaus yuav noj; muaj pab rau cov neeg uas lawv hu ua homeless, thiab rau cov uas ntsib teebmeem xwsli poob haujlwm. Lub

koomhaum no cov khoom uas lawv pab yog qe, nqaij, butter, cheese, mis (milk), txiv hmab, txivntoo thiab zaub, lawv kuj muaj lwm yam xws li bread thiab tej zaub uas nyob hauv canned thiab mov uas nyob hauv kavntawv, lawv muab khaws ua tejthawv faib rau cov pejxeem ua xav tau txais lawv txojkev pab no. Lub chaw hu ua NETworx Catawba muaj kev kawm thiab pab tawm tswvyim qhia cov yimneeg uas tsis muaj chaw nyob kom lawv muaj ib lub chaw nyob rau lawv tsevneeg thiab paub tawm ntawm txojkev txomnyem, tshwjxeeb yog cov ib txhais yimneeg uas muaj menyuam hnuv nyoog tseem yau lawv xav pab kom cov menyuam no muaj chaw nyob thiab chaw pw zoo cov menyuam no thiaj li kawm tau ntawv zoo. Xwsli yam tag los lawm lub chaw NETworx no twb cobqhia thiab pab tau ntau yimneeg los lawm, lawv kuj muaj chaw pab ntsumxyuas cov muaj mob, thiab kho kausnhiaiv los yog ntxuav hniaiv rau cov neeg laus uas tsis muaj insurance. Cov kev pab uas hais tag saumtoj no yog tau txais los ntawm cov kws khomob uas kawm tiav thiab los ntawm tsev khomob nyob ib cheebtsam puagchig ntawm peb lub zejzog. Lawv txojkev pab thiab tes dejnum yog muab tshuaj pub dawb rau cov pejxeem ua them tsis tau lawv li nqi tshuaj kom lawv thiaj muaj tshuaj noj yog hais tias lawv muajmob, lub koomhaum no muaj kev koomtes thiab ntaus phoojywg nrog rau cov chaw muag tshuaj.

---

**Hickory Public Housing Authority**

841 S. Center St.

Hickory, NC 28602

Phone: (828) 328-5373

Website: <http://www.hickoryhousing.org>

Lub chaw Hickory Public Housing Authority's lub homphiaj yog los tsim kom muaj kev yoojyim los txhawb thiab nrhiav tsev pab rau cov pejxeem nyob rau hauv peb lub zejzog kom muaj feem them tau nqitsev thiab txhawb kom lawv paub txaus siab rau lawv tus kheej. Cov kev kawm thiab pab los ntawm lub chaw Hickory Public Housing Authority no yog cov tsev uas lawv hu ua Public Housing, cov tsev Section 8 diamntawv pabcuam (Vaucher Program), cov tsev Section 8 pab rau cov neeg laus, thiab pab rau cov yimneeg uas lawv yuav tau tsev tabsis them tsis tau es xav tau txais kev pab los ntawm lub koomhaum no (Section 8 Homeownership), ntxiv mus yog cov txhais yimneeg txomnyem.

## **Hickory Soup Kitchen**

110 2<sup>nd</sup> Street Pl SE

Hickory, NC 28602

Phone: (828) 327-4828

Website: <https://hickorysoupkitchen.org/>

Lub chaw Hickory Soup Kitchen yog ib lub chaw ua nojhau nyog rau hauv lub zos Hickory, NC. Lawv npaj thiab ua zaumov pub rau cov neeg tshaib plab thiab cov neeg tsis muaj vajtsev nyob(homeless) noj txhua hnuv thawm yav tavs, ib hnuv twg lawv muaj li 215 tug tibneeg los nojsus, thiab txhab li 325 taig zaubmov. Lawv kuj muaj chaw dadej pub pab rau cov tibneeg no, thiab lawv tseem tabtom npaj kom dua ib qho chaw tshiab kom muaj chaw dadej ntxiv rau tej chaw uasi (gyms). Muaj li 25 leej tusneeg siv lawv cov chaw no txhua..txhua hnuv lub sijhawm ua lawv qhib thiab ua haujlwm. Lawv muaj phuam, xumpum(soap) thiab lwm yam khoom pub rau cov txivneej thiab pojniam no tau siv ntxuav lawv tuskheej. Hos rau cov uas muaj tsevneeg thiab xav tau lawv kev pab ntau mentsis, lawv muaj khoom noj khoom hau pub pab rau cov no txhua..txhua lub hli. Tej khoom noj khoom haus uas lawv muaj pub pab rau sawvdaws no yog tau txais los raws caijnyoog xwb, xwsli tej zaub mov, txivhmab txivntoo, nqaij, bread thiab canned food. Nyob rau hauv lawv qhov chaw no kuj muaj ib chav uas hu ua (library) qiv ntaubntawv los yog magazine rau sawvdaws tau coj mus nyeem. Lub chaw Hickory Soup Kitchen ua haujlwm pub dawb rau ib cheebtsam nyobze ntawm lub Hickory Soup Kitchen thiab lawv kuj muaj kev koomtes pub pab cov zaubmov rau cov chaw raws li nram no, Greater Hickory Cooperative Christian Ministry(GHCCM), Salvation Army, ALFA, Lub chaw. Foothill House of Hope Ministries, St Luke's UMC Latino Ministry, Catawba County Children's Advocacy & Protection Center, Foothills Veteran's Stand Down, Safe Harbor Rescue Mission, Vet's Helping Vets, Kids at Work Program, thiab Dining on a Dime.

---

## **J. Iverson Riddle Development Center**

300 Enola Rd

Morganton, NC 28655

Phone: (828) 433-2731

Website: <https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-development-center>

J. Iverson Riddle Development Center (JIRDC) nyob hauv lubzos Morganton, NC yog lub lav North Carolina tsimtsa los pab rau cheebstam Western region. Lub koomhuam Riddle txojkev pabcuam yog txawb rau ib leeg ib tug uas muaj disabilities los yog yug los tsis tshua qoos petsaug. Lub sijhawm uas nws tswj tsis tau, los yog pab tsis tau nws tus nkeej, lawv yuav pab ntsuam xyuas thiab pab nrhiav kev pab thiab saib seb hom tshuaj twg thiaj li haum rau nws.Tej yam kev pab uas lawv muaj yog nrhiav kws khomoob ua yuav pab rau nws thiab yuav txhawb rau nws txawj tswj nws tus nkeej, yog tejkev hais tas los no pab tsis tau nws, lawv kuj muaj tus neeg uas pab nyob rau tos vajtsev. Tabsis ua ntej yuav tau txais qhov kev pabcuam no yuav tsum tau ntaubntawv tsocai (requests for admission must be submitted) xa mus rau cov thawj tswj lub koomhuam ua ntej.

**Olive Hill Community Economic Development Corporation, Inc.**

200 C college St.  
Morganton, NC 28655  
Phone: (828) 475-4620

Website: <https://www.facebook.com/oliveHillCEDC>

Lub koomhaum Olive Hill community Economic Delvelopment Corporation, Inc. (OHCEDC) no yog los tsimkho los pab zejzog thiab 13ogi b lub non-profit uas pib thawm 1998, lawv nrhiav kev pab rau cov neeg nyuajsiab los yog puashlwb rau cov pejxeem nyob rau cov nroog no Burke, Caldwell, Catawba, thiab McDowell. Lawv lub homphiaj yog los pab thiab cob qhia rau ib thxia yimneeg kom lawv paub tswj thiab ruajsiab rua lawv tus kheej, xws li, mus koom nrog lwmllej lwmtus tham (social). Pab kom lawv muaj kev mus kawm ntawv, pab nrhiav haujlwm rau lawv ua, pab teeb homphiaj rau lawv, kom lawv paub tseg nyiaj kom lawv thiaj mus yuav tau vajtsev rau lawv tsevneeg nyob.

---

**Patrick Beaver Learning Resource Center**

926 2<sup>nd</sup> Street NE Suite 100  
Hickory, NC 28601  
Phone: (828) 624-2012

Website: <https://patrickbeaverlrc.org>

Lub chaw Patrick Beaver Learning Resource teeb thiab tsimtsa txij li 1999 los pab rau cov menyuam uas muaj teebmeem txog kev kawmntawv, lawv tsevneeg thiab cov neeg txawjntse nyob hauv lub zejzog Hickory sib pab koomtes uake los sibtham txog cov menyuam no txojkev kawm. Ntxawm yog lub chaw Patrick Beaver LRC no 13ogi b lub koomhaum me..me thiab tsis tau nyiaj los lawv yeej muaj feem pab tau coobleej menyuam thiab txhawb tau cov menyuam uas muaj teebmmem txog ntawm txojkev kawv. Cov dejnum uas lawv ua no yog muaj kev cobqhia cov xibfwb thiab cov uas tuaj pab(volunteers), cobqhia thiab txhawb cov niamtxiv uas muaj cov menyuam muaj teebmeem txog txojkev kawm. Lawv muaj cov menyuam ua xav tawm(referral) mus nrhiav kev pab cuam rau lub zejzog uas muaj cov neeg txawj hais lus txhawb zog thiab nrhia cov neeg uas pab qhia ntawv(tutoring) rau cov menyuam muaj teebmeem txog kev kawm rau cov menyuam uas niamtxiv muaj nyiaj tsis txaus, Ntxiv mus lub chaw Patrick Beaver LRC kuj muaj kev pab rau cov menyuam no nrog lub chaw Augustine Literacy lawv kuj pab qhia ntawv(tutoring) ib yam rau cov menyuam uas lawv tsevneeg ua haujlwm tabsis tau nyiaj tsawg(low income) lawv yuav pab qhia tus menyuam no kom nws paub nyeem tau ntawv zoo kom tsis nyog lawv lub hnuv nyoog. Orton-Gillingham chav qhia ntawv qhia txog txojkev Kawm (cov kws qhia ntawm muaj li 18 tus kws xibfwm hauv lub nroog Catawba twb siv Orto-Gillingham,thiab koomtes nrog ib thxia niamtxiv thiab cobqhia lawv hais txog txojkev kawv kom lawv nkagsiab txog kev txawvtxav thiab totaub ntawm lawv tus menyuam txoj kev kawm hais tias nyuaj rau lawv npaum licas thiaj li yuav pab tau lawv tus menyuam kom kawv tau zoo tsis hais nyob tom tsev los yog hauv tsev kawmntawv kom tus menyuam no muaj kev lomzem txog ntawm nws txojkev kawmntawv. Txhawb thiab koomtes 13ogi b qho uas peb cov ua niam thiab txiv yuav tsum pab peb tus menyuam thiab txhawb lawv txog txojkev nyeem ntawv nyob rau hauvtsev.

**Safe Kids Catawba County**  
Catawba Valley Medical Center  
810 Fairgrove Church Road SE  
Hickory, NC 28602  
Phone: (828) 326-3000

Website: <https://www.catawbavalleyhealth.org/Medical-Center/Health-Wellness/Health-First-Center/Safe-Kids-Catawba-County.aspx>

Lub chaw Safe kids hauv lub nroog Catawba muaj kev pab nrog rau qhov chaw hu ua The Health First Center nyob ntawm lub tsev khomob Catawba Valley, Lub chaw First Health no muaj kev pab txog kev nojqab haushuv thiab kev nyabxeeb txog txoj kev kawmntawv rau cov menyuam tseem yau uas nyob pres-school kom txog hnuv nyoog tiav menyuam hluas. Rau cov menyuam tseem mosliab & cov muaj plaub xyoos, Niamtxiv yuav tsum teem sijhawm mus ntsuam xyuas seb cov roozjaum(carseats) hauv tsheb puas nyabxeeb(safety) los yog mus koom lawv txojkev sojntsuam lawv muaj nyob hauv lub nroog Catawba. Rau cov menyuam Pre-School/Kindergarten mus txog grade 6<sup>th</sup> lawv muaj cobqhia thiab ntaubntawv pub pab rau cov tsev kawmntawv, cov tsev zov menyuam xwsli daycare churches yog thawm twg lawv xav tau txojkev pab lub chaw Safe Kids no yuav mus pab qhia rau lawv. Dua li ntaw lawv kuj muaj lwm yam xwsli kev nyabxeeb(safety)ntawm tsheb kaujvab(Bicycle)kev tivthaiv txog mus tiv tshavntuj(sun safety) paub ceevfaj hlakev(pedestrian safety), txog kev nojzaub nojmov,(nutrition), thiab lwm yam kev nyabxeeb. Rau cov menyuam hluas hnuv nyoog muaj 12 thiab hlob zog rov sau, lawv muaj kev cobqhia txog kev zov menyuam(babysitting) thiab qhia txog kev nyabxeeb(safety) thiab ceebtoom kom paub txog tej yam teebmeem yuav tshwmsiv xws li tubsab nyiaj menyuam, hluavtaws (fire)lub sijhawm lawv ua zaubmov no, tshuaj(poisons), paub pab thaum menyuam tsis ua pa,(CPR) thiajli paub pab tu menyuam. Rau cov menyuam hluas(Pre-Teen/Teen),Lub koomhaum hu ua Countdown2Drive kuj muaj kev koomtes nrog rau tsev kawmntawv thiab cov niamtxiv rau lawv cov menyuam hluas uas tabtom xyaum tsav tsheb thiab nrog lawv tham txog txojkev xyuamxim lub sijhawm tsav tsheb. Cov tubtxhais hluas uas nyob grade 9<sup>th</sup> txog rau 12<sup>th</sup> lawv muaj kev pab thiab ceebtoom cov hluas kom paub xyuamxim txog lub sihawm tsav tsheb yuav muaj ntau yam kev cuamtshuam kom lawv paub tswj lawv tus kheej.

---

### **Salvation Army – Greater Hickory/High Country Regional Coordinate**

750 Third Ave. Pl, SE  
Hickory, NC 28602  
Phone: (828) 322-8061

Website: <https://www.salvationarmycarolinas.org/hickory/>

Lub koomhaum Salvation Army yog ib lub chaw nyob thoob ntiajtec thiab lawv tshaj Vajtswv txojlus rau txhua lub church nyob thoob qabntuj, txojlus no yog nyob rau hauv phau Vajlugkub qhia txog Vajtswv txojkev hlub, yog lub haumphia tawm mus tshaj txoj hmoovzoo txog Tswv Yesxus los cawm neeg txojtia los ntawm Nws lub npe thiab tsis xaiv leej twg ntsejmuag. Lub Hickory Corps muab sijhawm rau txhua tus tibneeg mus koom nrog lawv pehawm txhuad lub limtiam, lawv kuj muaj kev kawm thiab cobqhia rau



cov menyuam hnuv nyoog tseem yau mus txog rau tiav hluas. Lub chaw Crisis Help no kuj kuj yog ib lub chaw uas muaj kev pab rau cov neeg uas xav tau txais kev pab xwsl nqi tsev, nqi hluav taws, zaub mov, kaub ncaws, thiab roojtog nyob rau hauv lawv lub chaw (office) uas muaj nyob rau cov zos no Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone thiab West Jefferson. Ntxiv mus lawv muaj ib lub chaw hu ua Shelter of Hope yog ib lub chaw nyabxeeb rau cov neeg uas tsis muaj vajtsev nyob (homeless) rau cov txivneej, pojniam thiab menyuam rau lawv nyob ib pliag kom thawm twg lawv pab tau lawv tus kheej. Cov neeg ua nyob rau lawv qhov chaw no lawv muaj noj mov ib hnuv ob pluag mov (noj tshais thiab su) thiab lawv kuj muaj pam vov chaw pua rau cov neeg no tau siv, thiab tej khoom siv tshuaj dadej, tshuaj zawv plaubhau pub rau lawv. Lawv muaj cob qhia thiab pab rau cov neeg no kom muaj chaw cia siab thiab pab nrhiav tsev kom lawv nyob. Lub sijhawm Christma, lub chaw Salvation Army siv lub laujkaub liab..liab thov nyaj los pab rau lawv lub koomhaum no kom lawv thiajli muaj nyaj yuav zaubmov thiab khoom pub pab tau cov neeg txomnyem. Lub chaw Salvation Army no kuj muaj mus saib thiab pab khoompliag pub rau cov menyuam ntsib kev txomnyem nrog lawv niam los yog lawv txiv. Lub chaw Salvation Army no muaj 9 lub khw nyob rau hauv lub zos Hickory, ib lub khw twg pab kaubncaws thiab khoomsiv rau hauv lub vajtsev. Lawv kuj muaj feem pab khoom rau lub zejzog thiab pab rau cov koomhaum cov Tub Txhais(Boy's & Girl's Club) nyob rau hauv cov nroog no Burke, thiab Catawba. Lawv muaj cobqhia thiab zov cov menyuam hnuv nyoog tseem yau thiab cov menyuam hluas after school thiab summer daycare pab rau cov niamtxiv. Lub chaw no muaj kev cobqhia cov hlua kom muaj chaw uasis thiab muaj chaw ua exercise lawv thiaj li tsis muaj sijhawm mus ua laib rau lub zejzog.

---

### **Sipes Orchard Home**

4431 County Home Rd.

Conover NC, 28613

Phone: (828) 256-5056

Website: <https://www.sipesorchardhome.org/>

Lub chaw Sipe's Orchard Home twb tsim muaj txij li thawm 1940 los lawm, thiab tsim los kom muaj kev nyabxeeb rau cov menyuam yaus, nyob hauv lawv lub koomhaum no niamhnuv nim no lub chaw Orchard tseem muaj pab qhia ntau yam(programs), thiab muaj ntau chavtsev kev cobqhia rau ntau tus menyuam kom muaj chaw kawm. Ib yam kev cobqhia no yog los ntawm lub chaw hu ua NCPK chavtsev, Summer Day Camp thiab Transitional Living. Lawv muaj qhia cov Pre-Kindergarten no yog kev pab los ntawm lub lav North Carolina. Ntxiv mus lub (NCPK) no kuj muaj ib chavtsev nyob hauv lub chaw Tyndall Center muaj kev cobqhia kawmntawv thiab, tshwjxeeb yog rau cov menyuam muaj hnuv nyoog 4 xyoo, lawv pab thiab txhawb rau cov menyuam no txog txojkev nyeem ntawv kom thiajli pab tau lawv thawm lawv mus kawmntawv rau tsev kawmntawv loj. Lub NCPK txojkev cobqhia muaj pub pab dav-dav rau hauv lub lav NC no. Lub chaw Smart Start kuj yog lub uas pab nyaj rau lawv. Huckleberry Summer Day Camp kuj muaj feem mus koom nrog rau lub chaw Sipe's Orchard Home, nyob rau hauv lub zos Hickory, thiab Conover ntawm txojkev County Home Road. Txojkev cobqhia no yog los pab rau cov menyuam hnuv nyoog 5 mus rau 12 xyoo kom lawv paub ntaus phoojywg nrog lwm tus menyuam nyob hauv lub zejzog. Cov menyuam

muaj kev nyabxeeb thiab muaj neeg saib xyuas ib puag ncig, lub chaw Sipe's no twb muaj txojkev saib xyuas cov menyuam los tau 60 lub xyoo lawv. Lawv muaj nojtshais, nojsu thiab noj khoom txomncauj. Yog koj muaj menyuam ho xav coj tuaj koom nrog lawv tus nqi nkag yog \$25 los pab rau lawv npaj tej ntaubntawv. Qhov nqi txhua lub limtiam(per week) yog \$125, ghov nqi no them tagnrog rau kev noj haus, yog koj ho muaj ntau tshaj ib tug menyuam tuaj koom nrog lawv yuav luv tus nqi \$5 tauj ib tug menyuam. Lawv txojkev cobqhia yog xyaum ua luamdej, mus taugkev ncerooj(hikes) mus siab tej museum xwsli Arts & craft", xyaum ua khoom noj (ice cream), xyaum mus nuvntses, thiab lawm yam kev uasi nraumzoov. Ib qhiv ntxiv lawv kuj muaj ib lub koomhaum hu ua Tanstional Living Program pub pab pejxeem rau txivneej thiab pojniam hluas hnuv nyoog 16-21 uas tsis tau nyiaj qhov twg los thiab muaj teebmeem txog kev tusiab, kev kawmntawv, paub tswj thiab tut us kheej. Lawv muaj chav rau cov hluas no pw thiab nyob. Muaj kev cobqhia kawm ua noj, kawm tsav tsheb, siv computer thiab internet.

---

### **Special Olympics of Catawba County**

Newton, NC

Phone: (828) 443-2765

Website: <http://sonc.net/local-programs/catawba-county/>

Special Olympics yog ib ub chaw nyob hauv lub nroog Catawba twb pab tau ze 400 tus cov laus thiab menyuam hluas uas muaj teebmeem(disabilities) txoj lawv tu-kheej. Lawv muaj kev cobqhia sibtw xwsli basketball, bowling, flag football, golf, softball,soccer, swimming thiab tennis mus sibxeem nrog rau lwm pab. Lub chaw Special Olympics no tsim los pab rau cov menyuam thiab tibneeg uas tsis paubtab los yog nws testaw tsis maujzog petsawg (disabilities) kom lawv paub ntseeg thiab ruajsiab rau lawv tus kheej mus rhia (fitness), mus koom thiab sib qhia txog txojkev sibtw no nrog rau lawv cov phoojywg, tsevneeg, thiab lwm pab tibneeg uas zoo li lawv nyob hauv zejzog.

## **The Corner Table**

122 N. Main Street

Newton, NC 28658

Phone: (828) 464-0355

Website: <http://www.thecornertable.org/>

Lub chaw Corner Table, Inc. yog ib lub uas tsis tau nyiaj(nonprofit) koomhaum nyob rau hauv lub zos Newton, NC. Lub chaw Corner Table no yog ib lub chaw uas npaj zaubmov los yog kuadis(soup)rau cov neeg tshiabplab nyob hauv zejzog. Lub homphiaj uas lawv ua zaubmov rau covneeg no noj yog los pab cov txivneej, pojniam, thiab menyuam uas xav tau txais lawv txoj kev pab. Lub koomhaum no muaj nojsu pib thawm 11:30 mus txog 12:30 hnuv Monday mus txog Friday, lub sijhawm lawv tsis qhib lawv, lawv kuj muaj hnav ntim tej zaub mov pub rau cov neeg no coj mus noj tom vajtsev. Lub chaw Corner Table yog ib lub koomhaum uas txawv thiab hwm cov neeg txomnyem thiab txhaibplab lawv yeej hlub thiab pab txhab zaubmov rau cov neeg txomnyem no noj ib yam nkaus li tom tej khw nojmov. Muaj ib qhov kev pabcuam ntxiv los ntawm Lub chaw Corner Table yog ib tug pojniam npe hu ua Debbie Payseur Packing, qhov kev pabcuam no yog tsis los hwm thiab nco ntxog tus pojniam Debbie Payseur tes dejnum. Ib tug pojniam uas faib nws txojkev hlub thiab ua zaubmov thiab xa cov khoom noj no rau cov neeg laus nyob hauv nws lub zejzog uas tsis muaj cov txheebze los yog muaj mob tawm tsis tau mus yuav. Qhov yuav pab kom tus pojniam Debbie no lub homphiaj thiab tes dejnum ciaj sia, yog pab txhawb nws tes dejnum pub zaumov rau cov neeg txomnyem kom muaj nojhaus nyob hauv lub zejzog. Txoj haujlwm no yog pab npaj khoom ua zaubmov txhua hnuv, pab muab ntim rau hauv tais los yog hnab, thiab sau ntawv qhia kom muaj caijnyoog, thiab yog dabtsis nyob hauv, yuav rhaub licas. Cov khoom noj ntim rau hauv tais los yog nhab yuav tsum cia tau rau hauv reffridgerator, freezer, thiab rhaub tau hauv qhovcub, thiab microwave. Thaum npaj tau tag lawm mam li xa mus rau lub zejzog. Ib qhov ntxiv muaj pab los ntawd lub chaw Corner Table yog cov hnab-ev(Backpack) npaj zaubmov rau cov menyuam kawvntawv. Cov Hnab(Backpack) npaj pab rau 34 tsev kawmntawv uas muaj cov menyuam tabtom ntsib txojkev tshaibplab nyob rau lub sijhawm uas lawv so ob hnuv(weekend) tsis mus kawmntawv nyob rau lub nroog Catawba. Txhua lub limtiam twg lawv muaj li 1,200 tug menyuam tau txais lub hnab uas muaj khoom noj puv nkau hauv. Cov neeg ua koomtes pab ntim cov Hnab no yog pub lawv lub sijhawm dawb(volunteer) los ntawm lawv lub siab hlub xwb. Cov nyiaj lawv siv yuav cov khoom noj no muab xam los txog tus nqi yuav raug li \$130 rau ib tug menyuam uas tau txais txhua..txhua hnuv Friday rau ib xyoo.

## **Walkin' Roll Activities League, Inc.**

202 South Center Street

Hildebran, NC 28637

Phone: (828) 228-0616

Website: <http://www.walkinroll.org/>

Lub chaw Walkin' Roll Activities League, Inc. txhawb thiab pab rau ib leeg ib tug menyuam ua tsis tshua qoos petsawg (disabilities) nrhiav kev pab rau sawvdaws kom lawv muaj feem mus koom nrog lwm tus uasi xws li T-ball, bowling, swimming, dacing los lwm yam kev uasi nrog lwm pab pawg, Tshwjxeeb yog pab rau cov neeg no kom lawv paub ruaj siab rau lawv tus kheej thiab muaj cuabkav mus nrog lwm tus. Lub koomhaum no muaj neeg pab sau cov neeg tsis qoos petsawg no los ua ib pab(team) mus sibtw nrog lawm pab, Niamtxiv yog tus yawmsij uas pab txhawb lawv. Lub chaw Walking'Roll Activities League, Inc. rau siab txhawb thiab pab cov neeg no kom lawv txawj saib tau lwm tus thiab lawv tus kheej kom koom tau nrog sawvdaws, kom sawdaws thiaj muaj kev nyabxeeb.

---

## **Western Piedmont Council of Governments**

1880 2<sup>nd</sup> Avenue NW

Hickory, NC 28601

Phone: (828) 322-9191

Website: <http://www.wpcog.org/>

Lub chaw Western Piedmont Council of Governments (WPCOG) yog ib lub koomhaum thiab koomtes nrog cov tsoomfwv thiab pib thawm 1968 lawv yog ib lub koomhaum tsis tau nyiaj(nonprofit) lawv lub homphiaj no twb npaj tau ntev los lawv, yog los nrhiav kev pab rau cov pejxeem . Qhov kev pabcuam no muaj mus rau cov nroog no Alexander, Burke, Caldwell thiab Catawba, Cov neeg ua haujlwm nyog rau hauv lub WPCOG no lawv muab faib ua 8 pab: Administrative thiab saib xyuas nyiaj(Financial Services), chaw saib xyuas cov neeg laus thiab txhawb rau cov neeg laus uas raug tsimtxom thiab kom muaj koom siv xws li kivcua pab rau lawv thawm caij ntujsov/lub cuasov (Heat) rau lawv lub caij ntujno,(Caregiver Support, Elder Abuse, Fan/Heat Relief) txhawb rau lwm yam kev nyobzoo. Lawv kuj muaj cov koomhaum xws li Home and Community Care Block Grant Services, Counseling, Project C.A.R.E), Community & Economic Development, IT/GIS Services, Regional & Local Planning/Data Services, thiab Section 8 Housing Program, Transportation, and Workforce Development. Cov chaw hais saum toj no puav leej yog nyob tagnrog uake hauv lub Western Piedmont Council of Governments (WPCOG) yog xav tau txais lawv txojkev pab twg hu xovtooj mus nrog lawv tham.

**Women's Resource Center**  
125 3<sup>rd</sup> St, NE  
Hickory, NC  
Phone: (828) 322-6333  
Website: <https://www.wrchickory.org/>

Lub Women's Resource Center txojkev txhawbqa yog los pab rau cov pojniam los ntawd kev txhimkho thiab koomtes nrog lub zejzog, Lub WRC muaj kev pab rau cov pojniam ua nyob rau hauv cov nroog no Alexander, Burke, Caldwell thiab Catawba. Kev koomtes thiab pab los ntawd WRC yog nrog rau Women2Work Workforce Development Programs and Support, thiab Transitions4Women and Goal Planing Service, Kev pabcuam tshwjxeeb yog rau cov pojniam uas muaj kev chovnyom thiab teebmeem txog ntawd txijnkawm lubneej kev sibcai (Separation), kev sibntaus(Domestic Violence), los yog kev sibnrauj(Divorce), ntsib txojkev tximtxom thiab muaj kev tusiab rau lubneej Cov koomhaum no lawv sib koomtes los txhawb thiab pab qhia rau cov pojniam uas ntsib txojkev zoo li hais saumtoj no. Ntxiv mus yog nyob hauv koj tsevneeg yoj muaj leejtwg lossis koj tus kheej muaj teebmeem txog Quavcawv, Quavtshuaj, lawv muaj chaw kawm thiab pab cobqhia kom yoo tau thiab mus koom nrog lwm tus tham kom thiaj li paub txwv yus tus nkeej.