

# Child Care Health Consultation in North Carolina



## Who are Child Care Health Consultants (CCHCs)?<sup>i</sup>

They are trained healthcare professionals with education and experience in community health as well as early childcare health and education.

Qualified CCHCs have completed the NC Child Care Health Consultant Course, a collaborative effort of the NC Division of Public Health and the UNC Gillings School of Global Public Health.



## Why are CCHCs important?<sup>ii</sup>




CCHCs advocate for child health, safety, and development in childcare programs. CCHCs work primarily with directors and early educators in child care facilities to assess programs, develop plans, conduct training, implement procedures, and evaluate outcomes.



## Child Care in N.C.<sup>iii</sup>

5,671 Child Care Facilities  
4,365 Child Care Centers  
1,305 Family Child Care Homes



"The greatness of a community is most accurately measured by the compassionate actions of its members." 

– Coretta Scott King

## CCHCs make a Difference<sup>ii</sup>

Studies have confirmed that CCHCs improve the health and safety of children in early care and education programs by:

- Increasing staff knowledge of health issues in child care settings
- Increasing compliance with health and safety best practice standards
- Strengthening environmental health practices
- Improving the quality of health and safety policies and practices, including handwashing, sanitation, and safe sleep practices
- Increasing the number of children who receive oral, developmental, vision, and hearing screenings and assessments
- Improving children's access to a medical home, enrollment in health insurance, and up-to-date immunization status
- Promoting the inclusion of children with special health care needs




## Child Care Health Consultation at MAHEC

Rachel Lentz is the CCHC for Avery, Madison, McDowell, Mitchell and Yancey counties. She is dedicated to increasing awareness related to child health and safety issues and being an advocate for those in need. Rachel has a Bachelor of Science degree in Nutrition as well as a Master's degree in Public Health. She firmly believes that "equipping leaders to excel in early education programs creates a solid foundation for lifelong learning and overall well-being." When not at work, Rachel enjoys spending time with her family, volunteering, travelling, reading and shoe shopping.

For more information about CCHC's or to schedule an appointment, please contact Rachel at:

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 (828) 708-5089



**This program is not associated with regulatory services. CCHC services are free for ALL childcare providers.**

i. About CCHCs | healthychildcare.unc.edu. Accessed May 2021. [https://healthychildcare.unc.edu/child-care-health-consultants/about-cchc/](https://healthychildcare.unc.edu/child-care-health-consultants/about-cchc/edu/child-care-health-consultants/about-cchc/)

ii. NC Child Care Health Consultant Resource Library | healthychildcare.unc.edu. Accessed May 2021. <https://healthychildcare.unc.edu/child-care-health-consultants/resource-library/>

iii. NC Div of Child Development- Searching Resources in Child Care. nchildcaresearch.dhhs.state.nc.us. Accessed May 2021. <https://nchildcaresearch.dhhs.state.nc.us/search>